

Service Announcement

October 2026

Multidisciplinary care expands for priority populations in Fairfield

South Western Sydney PHN (SWSPHN) has commissioned five new service providers to deliver fully subsidised allied health services through the Multidisciplinary Team Care small grants program in Fairfield.

The program aims to strengthen collaboration between allied health providers and small and solo general practices to improve access to person-centred care for priority populations and people living with chronic conditions. GPs from any practice can refer eligible patients to each of these services.

Fairfield is one of Australia's most culturally diverse local government areas, with 62 per cent of residents born overseas. The region also experiences socioeconomic disadvantage and low health literacy, which contribute to poorer health outcomes and higher rates of potentially preventable hospitalisations.

The five services are expected to be embedded and fully operational by December 2026.

Access to primary care is under increasing pressure, with an ageing GP workforce and a high number of small and solo general practices which reduce opportunities for multidisciplinary collaboration in chronic disease prevention and management.

The five commissioned providers will each offer a different allied health service free to patients, helping more people access care and strengthening connections between general practice and allied health providers.

Active Evolution - MoveWell

MoveWell provides supervised group exercise for eligible people from culturally and linguistically diverse communities with type 2 diabetes, weight management needs or cardiopulmonary conditions, including chronic obstructive pulmonary disease (COPD). An accredited exercise physiologist provides a clinical assessment and individual exercise program in a private clinic gym.

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This service is supported by funding from the Australian Government through the PHN program.

South Western Sydney PHN is a not-for-profit organisation dedicated to supporting general practitioners, practice nurses and other primary health providers to deliver the best possible care for their patients. Our aim is to improve access to quality local healthcare for all residents living in the Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee LGAs. We acknowledge the traditional custodians of the land, water and skies of South Western Sydney, the Darug, Dharawal and Gundungurra peoples, and pay our respects to Elders past and present.

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Bloom Healthcare - Bloom Healthcare Fairfield Allied Health Support

Bloom Healthcare supports children, adults and older people with a range of health, disability and wellbeing needs. Their multidisciplinary team provides occupational therapy, speech therapy, psychology and physiotherapy through home visits, with bilingual practitioners and interpreters available.

Healthstin Allied Health Service Provider - Connect Care MDT Program

Connect Care MDT supports older people experiencing frailty, reduced mobility, falls risk or difficulty with everyday activities. Their allied health team provide care in the person's home to improve safety, independence and community connection.

Robment Group - Robment Foot and Lower-Limb Podiatry Service

Robment provides free podiatry assessments and personalised foot care for eligible Fairfield patients living with chronic conditions. The service supports people with diabetes-related foot concerns, pain, mobility difficulties, falls risk and pressure-related concerns. Multilingual support is available in English, Mandarin, Arabic, Italian, Spanish, Portuguese and Hungarian to help patients discuss their needs.

Western Sydney University - Psychology Fairfield Diabetes Service

The Psychology Fairfield Diabetes Service provides psychological support for people living with diabetes and weight-related conditions. The service supports concerns including diabetes distress, eating disorders, depression and anxiety.

High-quality healthcare in South Western Sydney relies on strong collaboration between general practice and allied health. Each profession brings different skills and expertise to a person's care, but when services work separately, patients can experience fragmented care and missed opportunities for coordination.

The Multidisciplinary Team Care program will strengthen relationships between small and solo general practices in Fairfield and allied health providers, helping patients access more coordinated care for chronic and complex health needs.

The program aims to reduce barriers to multidisciplinary care, improve chronic disease management and support the prevention of avoidable hospitalisations. It will also increase awareness of the role allied health professionals play in primary care, prevention and overall wellbeing.

SWSPHN Acting Chief Executive Officer Amy Prince said multidisciplinary care was critical to improving the management of chronic conditions and reducing gaps between different parts of the health system.

"People living with chronic and complex health conditions often need care from several health professionals, and the best outcomes are achieved when those professionals work together rather than in isolation," she said.

"GPs understand the broader health needs of their patients, while allied health professionals bring specialised expertise in areas including exercise physiology, psychology, podiatry, mobility and everyday functioning. Bringing expertise together creates opportunities for earlier intervention, better coordinated care and stronger support for people to manage their health."

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Ms Prince said strengthening multidisciplinary care was particularly important in Fairfield, where many general practices were small or solo practices and patients could face financial, cultural, language and health literacy barriers to accessing care.

“These services are designed to remove some of those barriers by giving eligible patients access to fully subsidised allied healthcare while building stronger working relationships between local general practices and allied health providers,” she said.

“Our aim is not only to improve access to care now, but to build sustainable multidisciplinary models which support better chronic disease management, help prevent avoidable hospitalisations and strengthen primary care in Fairfield over the longer term.”

Further information about eligibility and how to access the services will be available as the program is implemented.

To find out more about each service visit our [website](#).

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