

POLAR Walkthrough

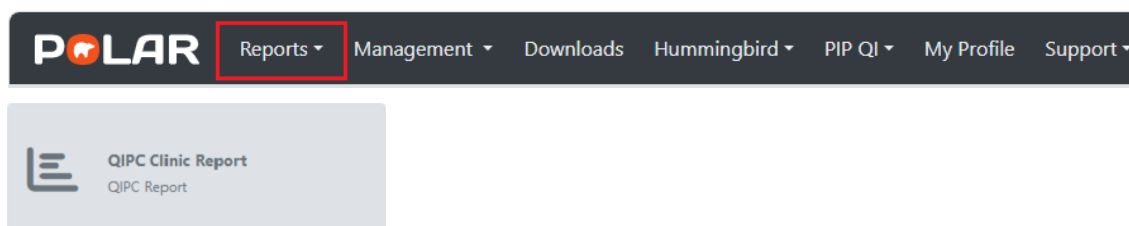
QIPC – patients with active chronic CVD with total cholesterol >6.5 and no lipid lowering medication recorded

Patient Cohort:

- Practice Active and RACGP Active (visited practice at least 3 times in 2 years)
- Active chronic CVD (Step 2)
- Total cholesterol greater than 6.5 (Step 3)
- Patient is not on lipid-lowering medication (Step 4)

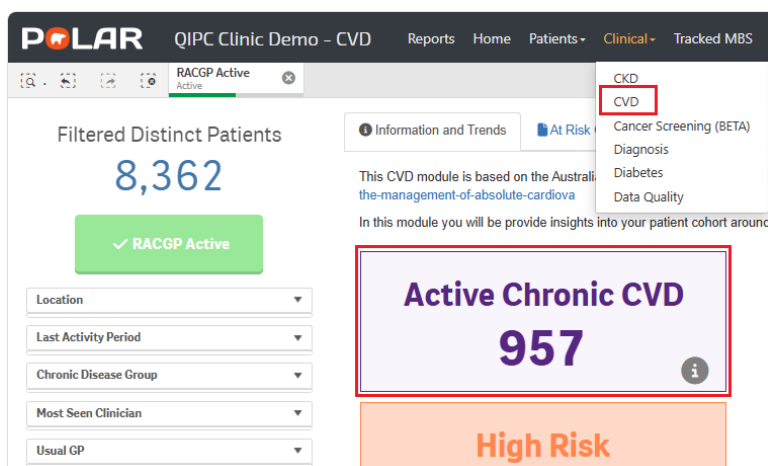
Note: Patient cohort can be modified by adding or removing steps according to your practice needs.

1. Log in to **POLAR** > click **Reports** > click **QIPC Clinic Report**

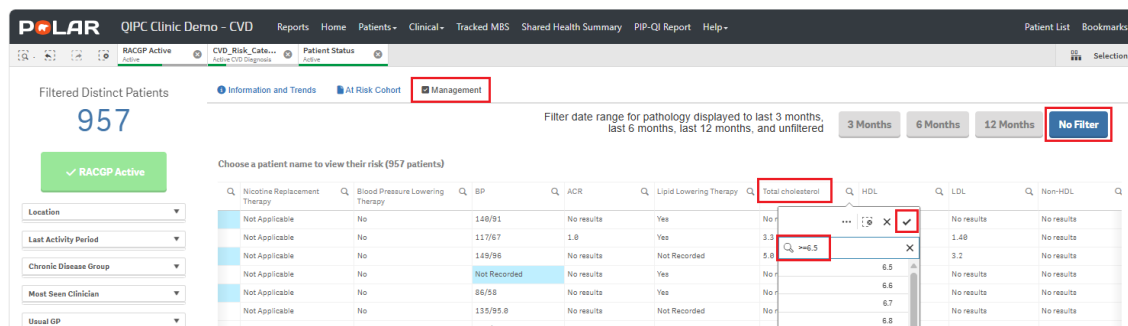


Practice Active and RACGP Active Filters are pre-applied.

2. Click **Clinical** > **CVD** > select **Active Chronic CVD**



3. Select the **Management** tab > select **No Filter** in the date range
On the table go to **Total Cholesterol** > click the magnifying glass  and type >6.5 in the search box, then **Enter** to select all, then ✓



Filtered Distinct Patients: 957

Filter date range for pathology displayed to last 3 months, last 6 months, last 12 months, and unfiltered

3 Months 6 Months 12 Months **No Filter**

Choose a patient name to view their risk (957 patients)

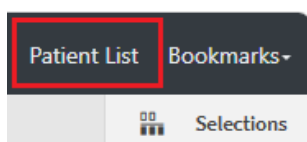
Nicotine Replacement Therapy	Blood Pressure Lowering Therapy	BP	ACR	Lipid Lowering Therapy	Total cholesterol	HDL	LDL	Non-HDL
Not Applicable	No	148/91	No results	Yes	No results	No results	No results	No results
Not Applicable	No	117/67	1.0	Yes	3.3	1.40	No results	No results
Not Applicable	No	149/96	No results	Not Recorded	5.0	6.5	No results	No results
Not Applicable	No	Not Recorded	No results	Yes	6.6	No results	No results	No results
Not Applicable	No	86/58	No results	Yes	6.7	No results	No results	No results
Not Applicable	No	115/95.0	No results	Not Recorded	6.8	No results	No results	No results
Not Applicable	No	173/80	No results	Not Recorded	No results	No results	No results	No results

4. On the same table, go to **Lipid Lowering Therapy** > click the magnifying glass  and select **Not Recorded**, then ✓

Choose a patient name to view their risk (13 patients)

Nicotine Replacement Therapy	Blood Pressure Lowering Therapy	BP	ACR	Lipid Lowering Therapy	Total cholesterol
Not Applicable	No	125/81	1.10	Yes	No results
Not Applicable	No	151/96	0.6	Not Recorded	No results
Not Applicable	No	112/79	< 0.2	Yes	No results
Not Applicable	No	132/96	No results	Not Recorded	No results
Not Applicable	No	130/70	1.6	Not Recorded	No results
No	No	139/69	No results	Not Recorded	No results
Not Applicable	No	134/88	No results	Yes	No results
Not Recorded	Not Applicable	151/98	No results	Yes	No results

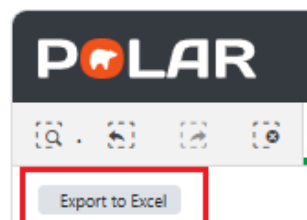
5. When all required filters are applied, click on **Patient List** on the top right-hand side of the screen.



Patient List Bookmarks

Selections

6. Click on **Export to Excel** to download the patient list as an Excel file on your computer.



POLAR

Export to Excel

For any further assistance in using POLAR, please contact your CQI officer or email cqisupport@swsphn.com.au