

POLAR Walkthrough

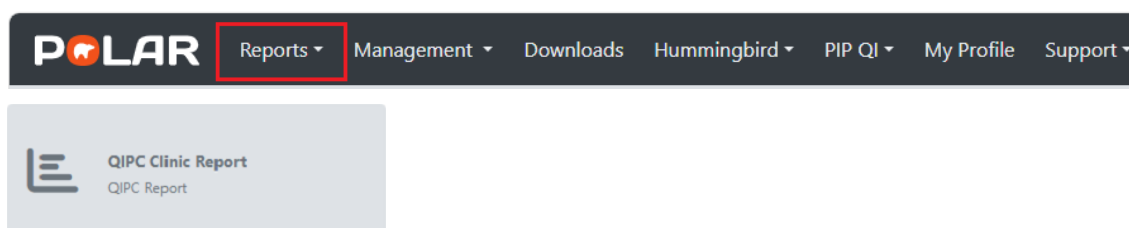
QIPC – Identify active chronic CVD patients who have no BMI recorded

Patient Cohort:

- Practice Active & RACGP Active (visit practice at least 3 times in 2 years)
- Active chronic CVD (Step 3)
- No BMI recording (Step 4)

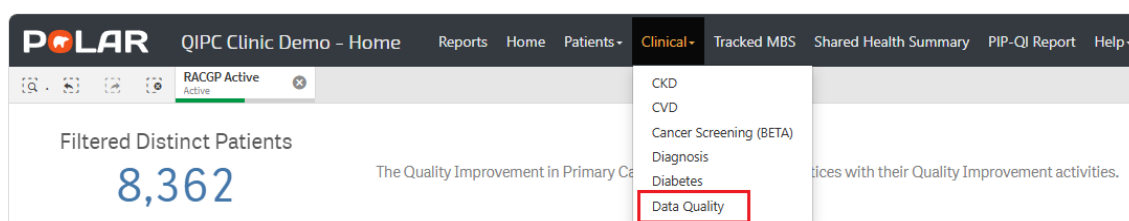
Note: Patient cohort can be modified by adding or removing steps according to your practice needs.

1. Log in to **POLAR** > click **Reports** > click **QIPC Clinic Report**

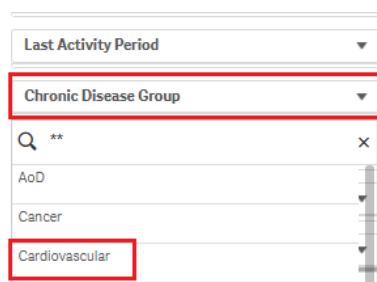


Practice Active and RACGP Active Filters are pre-applied.

2. Click **Clinical** > select **Data Quality**



3. On the left-hand side filter bar > click **Chronic Disease Group** > choose **Cardiovascular**



4. On the **Quality Recorded** table > look at **BMI**

You will see a data quality table like this with your Practice's latest statistics:

Quality Recorded

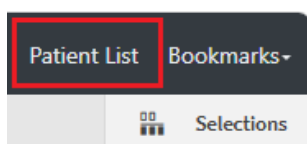
Quality Item	Age Criteria	Clinic Recorded	PHN Recorded	
Smoking*	10	83.2%	84.3%	Click to select Patients missing
Alcohol*	15	63.2%	64.9%	Click to select Patients missing
Allergies	All	95.8%	96.1%	Click to select Patients missing
BMI*	18	58.0%	57.2%	Click to select Patients missing
Physical Activity	All	0.6%	0.7%	Click to select Patients missing
Waist Circumference*	18	6.6%	6.6%	Click to select Patients missing
Blood Pressure*	18	81.4%	81.7%	Click to select Patients missing
Indigenous Status	All	83.5%	82.0%	Click to select Patients missing
Ethnicity	All	80.1%	75.3%	Click to select Patients missing
Social History	All	50.7%	52.8%	Click to select Patients missing
Next of Kin	All	75.7%	76.9%	Click to select Patients missing
Gender	All	99.9%	100.0%	Click to select Patients missing
Family History	All	47.8%	48.1%	Click to select Patients missing
Emergency Contact	All	70.3%	73.1%	Click to select Patients missing

POLAR data mapping: measures such as smoking, alcohol, BMI, physical activity, waist circumference, and blood pressure are only marked as recorded if the record is no more than 7 years old

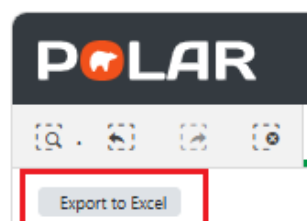
To obtain a list of patients who do NOT satisfy the current measure, click on the **blue button** next to the **BMI** item

Allergies	All	95.8%	96.1%	Click to select Patients missing
BMI*	18	58.0%	57.2%	Click to select Patients missing

5. Click on **Patient List** on the top right-hand side of the screen



6. Click on **Export to Excel** and save it as an Excel file on your computer



For any further assistance in using POLAR, please contact your CQI officer or email cqisupport@swsphn.com.au