

POLAR Walkthrough QIPC Diabetes

Patients with an Intermediate AUSDRisk score and high glucose who have visited more than 10 times in the past 12 months

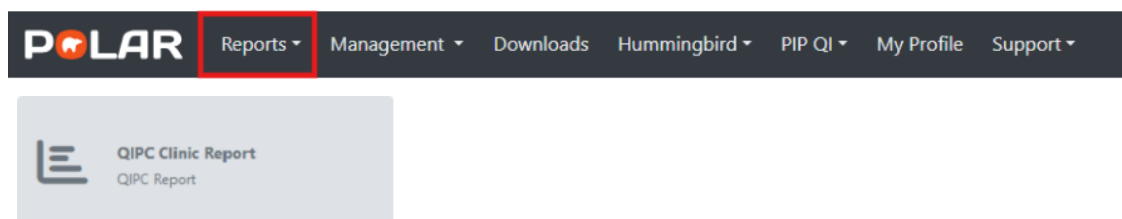
Patient cohort:

- Patient Active and RACGP Active patients (automatically applied in QIPC Clinic Report)
- Patients with an Intermediate AUSDRisk score (Steps 4)
- Patients with a high glucose level (Step 5)
- No HbA1C recording in the last 12 months (Step 7)

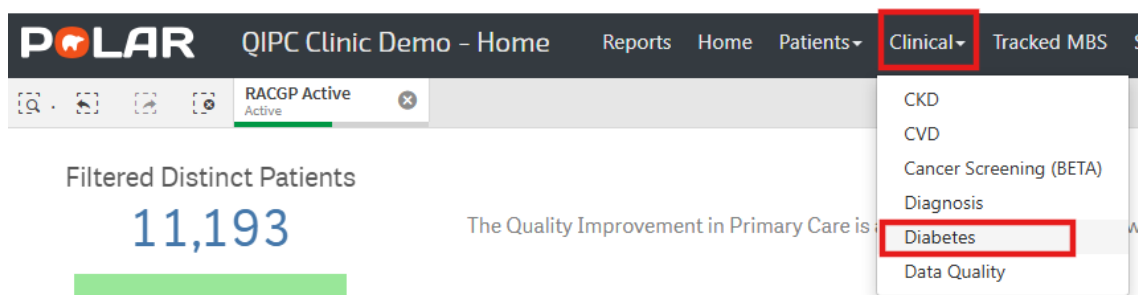
Note: Patient cohort can be modified by adding or removing steps according to your practice needs.

1. Log in to **POLAR** - polarexplorer.org.au

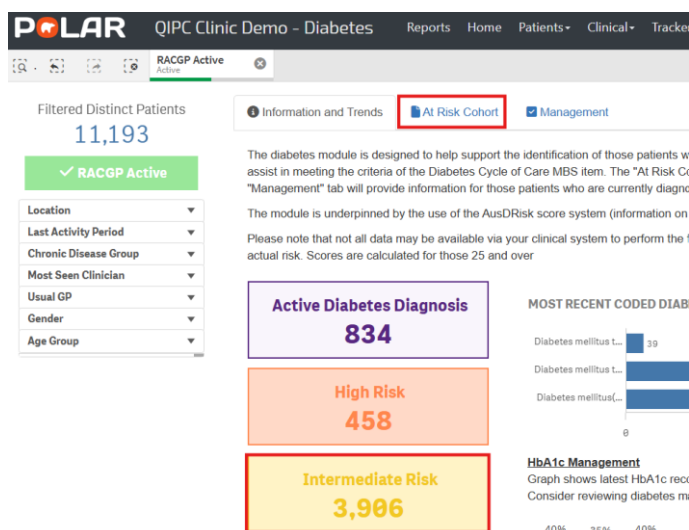
2. Navigate to **Reports** > select **QIPC Clinic**



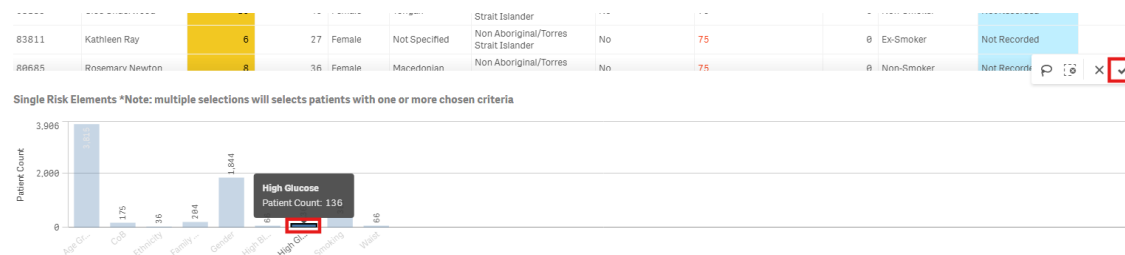
3. Navigate to **Clinical** > select **Diabetes**



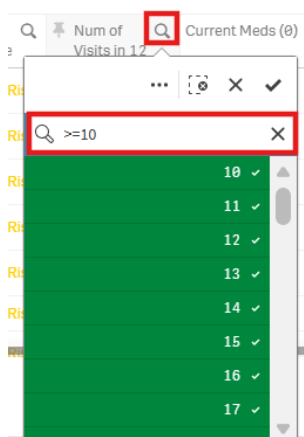
4. Select **Intermediate Risk** > select **At Risk Cohort**



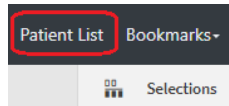
5. Navigate to the **Single Risk Element** graph at the bottom of the window > select **High Glucose** > click on ✓ to apply the filter(s) once completed



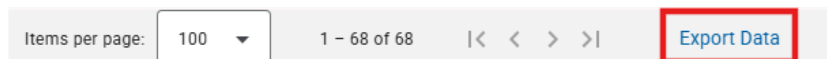
6. Navigate to the **Number of Visits in 12 months** column within the table (utilise the scrollbar to move left or right if required) > click on the **magnifying glass** icon > type in the search bar **>=10** > hit **Enter** on keyboard (this will automatically select all ages equal to and over 10 and apply as a filter)



7. Before generating the patient list, ensure filter(s) applied are correct. Select **Patient list** on the top right-hand corner of the toolbar



8. Select Export Data to download the list to your computer



For any further assistance in using POLAR, please contact your CQI officer
or email cqisupport@swsphn.com.au

Resources:

- [The Australian Type 2 Diabetes Risk Assessment Tool \(AUSDRISK\) | Australian Government Department of Health, Disability and Ageing](#)