

POLAR Walkthrough

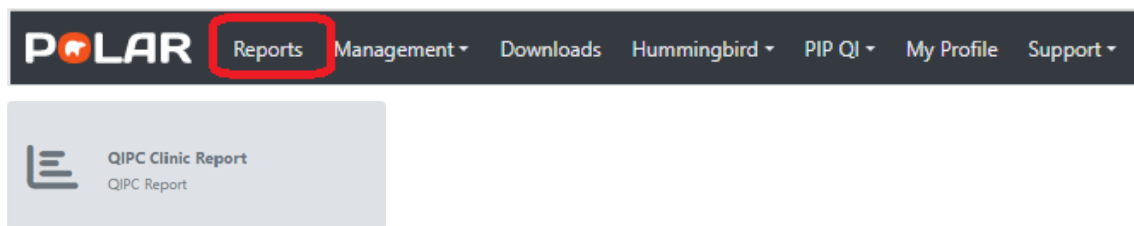
QIPC – patients at High-Risk of cardiovascular disease (CVD) eligible for Heart Health Check (HHC)

Patient Cohort:

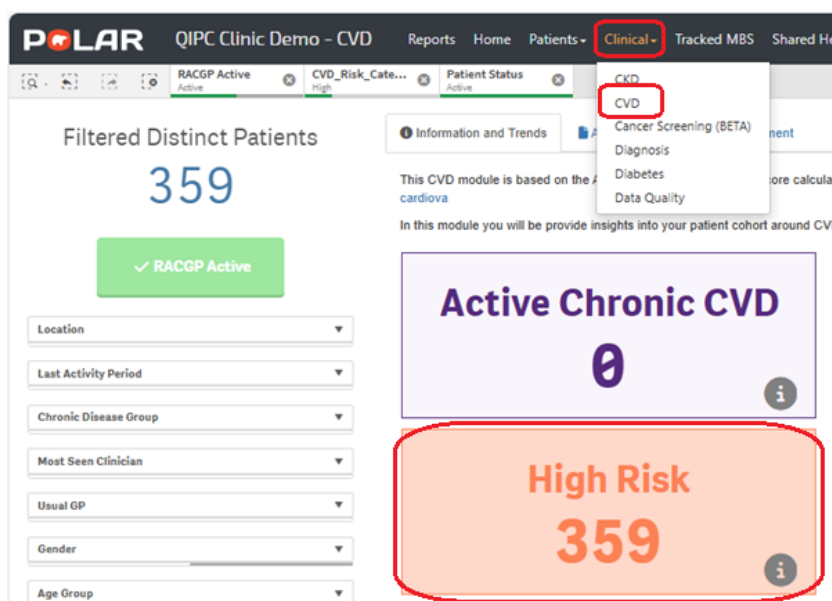
- Practice Active & RACGP Active (visit practice at least 3 times in 2 years)
- High-Risk of cardiovascular disease (Step 2)
- Eligible for Heart Health Check (can be changed to another MBS item e.g., 45-49 Health Assessment) (Step 3)

Note: Patient cohort can be modified by adding or removing steps according to your practice needs.

1. Log in to POLAR > click **Reports** > click **QIPC Clinic Report**



2. Click **Clinical** > **CVD** > select **High Risk**



- Click **Tracked MBS** > select **Heart Health Check** > choose **Select Combined**

The screenshot shows the POLAR Tracked MBS interface. On the left, there are filters for 'Filtered Distinct Patients' (359) and a 'RACGP Active' status. Below this are several dropdown menus for filtering patients by Location, Last Activity Period, Chronic Disease Group, Most Seen Clinician, Usual GP, Gender, and Age Group. On the right, there is a table with columns: Focus, Tracked MBS Item, Eligible Cohort, Active, and Active Review. The 'Heart Health Check' item is highlighted with a red box. Below the table, a message states 'The current focus is on Heart Health' and 'Use the table above to change the focus item, by clicking'. Below this message, there is a 'To action for Heart Health Check' section with a large '343' and four buttons: 'Select Never Had', 'Select Expired', 'Select Combined' (highlighted with a red box), and 'Select Eligible for Review'.

Focus	Tracked MBS Item	Eligible Cohort	Active	Active Review
⊕	Heart Health Check	347	4	Not Applicable
	Indigenous Health Assessment	4	0	Not Applicable
	45-49 Health Assessment	33	3	Not Applicable
	75+ Health Assessment	53	9	Not Applicable
	Home Medication Review	172	3	Not Applicable
	Chronic Disease Nurse Assessment	0	22	Not Applicable
	Indigenous Nurse Assessment	1	0	Not Applicable

- Click on **Patient List** on the top right-hand side of the screen

The screenshot shows a portion of the POLAR interface with a 'Patient List' button highlighted by a red box. Other visible elements include 'Bookmarks-', 'Selections', and a grid icon.

- Click on **Export to Excel** to save the list as an Excel file on your computer.

The screenshot shows the POLAR interface with an 'Export to Excel' button highlighted by a red box. The POLAR logo is visible at the top left of the screenshot.

For any further assistance in using POLAR, please contact your CQI officer or email cqisupport@swsphn.com.au