

# South Western Sydney - Primary Mental Health Care 2023/24 - 2027/28 Activity Summary View



## MH-H2H - 7 - Medicare Mental Health Phone Service and Referral Spoke



### Activity Metadata

#### Applicable Schedule \*

Primary Mental Health Care

#### Activity Prefix \*

MH-H2H

#### Activity Number \*

7

#### Activity Title \*

Medicare Mental Health Phone Service and Referral Spoke

#### Existing, Modified or New Activity \*

Modified



### Activity Priorities and Description

#### Program Key Priority Area \*

Mental Health Priority Area 7: Stepped care approach

#### Other Program Key Priority Area Description

#### Aim of Activity \*

Improve access to appropriate mental health supports and support with navigation by commissioning and delivering the Medicare Mental Health Phone Service and Referral Spoke Service in SWS.

#### Description of Activity \*

- SWSPHN will continue to partner with NSW/ACT PHNs to commission a centralised Initial Assessment Hub and deliver a local referral spoke for delivery of the national MMHC Phone service.  
- SWSPHN will commence delivery of a local referral spoke on 1 July 2024 as part of an extension of existing in-house central intake. Additional FTE clinical intake officers will be employed to support increased activity.

- SWSPHN will also seek opportunities to partner on statewide and deliver local promotion campaigns to increase awareness and use of the Head to Health Phone service.

### Needs Assessment Priorities \*

#### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



### Activity Demographics

#### Target Population Cohort

Population of South Western Sydney Region.

#### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

#### Coverage

##### Whole Region

Yes



### Activity Consultation and Collaboration

#### Consultation

#### Collaboration

IA Hub supplier is commissioned via North Coast PHN.



### Activity Milestone Details/Duration

**Activity Start Date**

29/06/2022

**Activity End Date**

28/06/2026

**Service Delivery Start Date**

**Service Delivery End Date**

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Interest - Mental Health					
H2H Intake and Assessment Phone Service					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Interest - Mental Health						
H2H Intake and Assessment Phone Service						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 0 - Supporting Recovery Pilot - Local Care Team



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

0

**Activity Title \***

Supporting Recovery Pilot - Local Care Team

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Other (please provide details)

**Other Program Key Priority Area Description**

Family Domestic and Sexual Violence

**Aim of Activity \***

Improve coordination and access to trauma-informed recovery services for post-acute victim-survivors who have experienced family, domestic and sexual violence (FDSV), to address barriers to recovery and healing and to minimise the possibility that victim-survivors will be re-traumatised and harmed when using services.

**Description of Activity \***

- Commissioning a local care team/s to provide initial assessment, case management and warm referrals for post-acute victim-survivors to relevant services within the region.
- The Local Care Team will work in close partnership with Head to Health services and the commissioned mental health service to facilitate referral and connection to services.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Post-acute victim-survivors who have experienced family, domestic and sexual violence (FDSV) in the Campbelltown, Liverpool and Fairfield LGAs of SWS. Services may be expanded to include the greenfield areas of Camden LGA which border Campbelltown and Liverpool LGAs to provide additional support to this growing need if further data confirms the reports being received from stakeholders.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

No

SA3 Name	SA3 Code
Fairfield	12702
Liverpool	12703
Campbelltown (NSW)	12302



## Activity Consultation and Collaboration

### Consultation

Consultation will be undertaken with the SWSLHD Domestic and Family Violence Steering Committee which includes stakeholder representation from existing FDSV service providers within SWS, as well as representatives from NSW Ambulance, Department of Communities and Justice and primary care.

### Collaboration

Collaboration with community, local health district, local council, NSW Ambulance, Police, DCJ, primary care and other relevant stakeholders.



## Activity Milestone Details/Duration

**Activity Start Date**

30/04/2023

**Activity End Date**

29/06/2026

**Service Delivery Start Date**

02/04/2024

**Service Delivery End Date**

30/06/2026

**Other Relevant Milestones**



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



**Activity Planned Expenditure**

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Mental Health Flexible					
Initial Assessment and Referral					
Interest - Mental Health					
Supporting Recovery Pilot					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Mental Health Flexible						
Initial Assessment and Referral						
Interest - Mental Health						
Supporting Recovery Pilot						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH - 0 - Supporting Recovery Pilot - Mental Health Services Commissioning



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

0

**Activity Title \***

Supporting Recovery Pilot - Mental Health Services Commissioning

**Existing, Modified or New Activity \***

Existing



### Activity Priorities and Description

**Program Key Priority Area \***

Other (please provide details)

**Other Program Key Priority Area Description**

Family, Domestic and Sexual Violence

**Aim of Activity \***

Improve coordination and access to trauma-informed recovery services for victim-survivors who have experienced family, domestic and sexual violence (FDSV), to address barriers to recovery and healing and to minimise the possibility that victim-survivors will be re-traumatised and harmed when using services.

**Description of Activity \***

- Commissioning mental health services to provide trauma-informed, evidence based, psychological intervention, for up to two years in accordance with the Supporting Recovery Pilot Program Model of Care. Services will initially be focused in the Campbelltown, Liverpool and Fairfield area due to high rates of FDSV, with later expansion to be considered if capacity exists.
- The mental health service will work in close partnership with Local Care Team to facilitate referral and connection to services.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Victim-survivors who have experienced family, domestic and sexual violence (FDSV) in the Campbelltown, Liverpool and Fairfield LGAs of SWS. Services may be expanded to include other LGAs of SWS, including the greenfield areas of Camden LGA which border Campbelltown and Liverpool LGAs to provide additional support to this growing need if further data confirms the reports being received from stakeholders.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

No

SA3 Name	SA3 Code
Fairfield	12702
Liverpool	12703
Campbelltown (NSW)	12302



## Activity Consultation and Collaboration

### Consultation

Consultation will be undertaken with the SWSLHD Domestic and Family Violence Steering Committee which includes stakeholder representation from existing FDSV service providers within SWS, as well as representatives from NSW Ambulance, Department of Communities and Justice and primary care.

### Collaboration

Collaboration with community, local health district, local council, NSW Ambulance, Police, DCJ, primary care and other relevant stakeholders.



## Activity Milestone Details/Duration

**Activity Start Date**

30/04/2023

**Activity End Date**

29/06/2026

**Service Delivery Start Date**

02/04/2024

**Service Delivery End Date**

30/06/2026

**Other Relevant Milestones**



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



**Activity Planned Expenditure**

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Mental Health Flexible					
Initial Assessment and Referral					
Interest - Mental Health					
Supporting Recovery Pilot					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Mental Health Flexible						
Initial Assessment and Referral						
Interest - Mental Health						
Supporting Recovery Pilot						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH - 1 - Low Intensity mental health services



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

1

**Activity Title \***

Low Intensity mental health services

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 1: Low intensity mental health services

**Other Program Key Priority Area Description****Aim of Activity \***

Improve health outcomes for people across SWS with emerging or low intensity mental health needs by increasing access to evidence based low intensity mental health interventions and increasing ability to self-manage. A key objective of this activity is to provide early intervention and reduce progression of situational, emerging and mild mental illness.

**Description of Activity \***

Commission evidence based low intensity mental health interventions across SWS in accordance with region need.

- SWSPHN will continue to commission Beyond Blue's NewAccess low intensity CBT model, delivered by CBT Network.
- SWSPHN will continue to commission and promote headstart digital mental health tool to ensure community has access up-to-date mental health information and resources, including in-person and digital mental health programs to improve mental health literacy, self-care strategies and overall mental wellbeing. Headstart ensures strong links with DoHACs Head to Health website and suite of services.
- SWSPHN will continue to commission low intensity supports to support communities impacted by disaster in the Wollondilly and Wingecarribee areas, with a particular focus on bushfire recovery, but also other disaster including pandemic, flood and road fatality – reducing ongoing mental health distress, and vicarious trauma.
- Explore opportunities to commission new evidence-based low intensity approaches targeted to CALD communities.

## Needs Assessment Priorities \*

### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Residents of SWS with emerging or low intensity mental health needs. Typically, adults, however children and young people may also access services available.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

- Stakeholder consultation undertaken in 2017 in relation to commissioning of NewAccess
- Stakeholder consultation undertaken in 2020 in relation to commissioning of headstart.
- Service provider consultation undertaken as part of an evaluation conducted by SWSPHN in FY2023/24

### Collaboration

Beyond Blue, headstart and CBT Network.



## Activity Milestone Details/Duration

**Activity Start Date**

30/06/2017

**Activity End Date**

29/06/2027

**Service Delivery Start Date**

01/07/ 2024

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



**Activity Planned Expenditure**

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH - 2 - Child and youth mental health services - Child



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

2

**Activity Title \***

Child and youth mental health services - Child

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 2: Child and youth mental health services

**Other Program Key Priority Area Description**

**Aim of Activity \***

Improve health outcomes of children aged 3-12 across SWS who are underserved by Medicare Better Access Initiative through Commissioning psychological therapy services.

**Description of Activity \***

Continue to commission individual and group psychological therapy services for children aged 3-12 with or at risk of developing mental illness across SWS. Activities aim to engage priority populations who are underserved such as families who are experiencing financial hardship and who speak a language other than English at home.

**Needs Assessment Priorities \***

**Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
----------	----------------

Mental health	94
---------------	----



## Activity Demographics

### Target Population Cohort

Children aged 3 – 12 years with, or at risk of developing mental illness.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Previous co-design and ongoing consultation with STAR4Kids provider organisations. Clients or parents/carers of the service are encouraged to complete experience surveys which are used to measure client satisfaction and inform continuous quality improvement.

### Collaboration



## Activity Milestone Details/Duration

### Activity Start Date

30/06/2017

### Activity End Date

29/06/2027

**Service Delivery Start Date**

01/07/2017

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No  
**Continuing Service Provider / Contract Extension:** Yes  
**Direct Engagement:** No  
**Open Tender:** No  
**Expression Of Interest (EOI):** No  
**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Previous co-design with STAR4Kids provider organisations. Clients or parents/carers of the service are encouraged to complete experience surveys which are used to measure client satisfaction and inform continuous quality improvement.

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



**Activity Planned Expenditure**

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 2 - Child and youth mental health services - Youth Enhanced Services



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

2

**Activity Title \***

Child and youth mental health services - Youth Enhanced Services

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 2: Child and youth mental health services

**Other Program Key Priority Area Description****Aim of Activity \***

Increase access to evidence-based early intervention services and improve health outcomes for young people with, or at risk of severe mental illness across South Western Sydney.

**Description of Activity \***

Continue to commission Youth Enhanced Services for young people with, or at risk of severe mental illness. This service builds the capacity and capability of other commissioned youth mental health services (headspace and ReFrame) and serves as a step-down from tertiary services.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
----------	----------------

Mental health	94
---------------	----



### Activity Demographics

**Target Population Cohort**

Young people with, or at risk of severe mental illness in South Western Sydney.

**In Scope AOD Treatment Type \***

**Indigenous Specific \***

No

**Indigenous Specific Comments**

**Coverage**

**Whole Region**

Yes



### Activity Consultation and Collaboration

**Consultation**

Co-Design during 2019/20 with headspace and ReFrame managers and staff, Lead Agencies, SWSLHD, GPs, psychiatrists, mental health professionals and other health professionals who work with young people, young people with severe mental illness, members of SWSPHN’s consumer and carer advisory committee and parents/carers.

**Collaboration**

The Supplier partners with headspace Lead Agencies and the ReFrame commissioned supplier to enhance services providing within these services.



### Activity Milestone Details/Duration

**Activity Start Date**

10/08/2020

**Activity End Date**

29/06/2027

**Service Delivery Start Date**

01/05/2023

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Co-Design during 2019/20 with headspace and ReFrame managers and staff, Lead Agencies, SWSLHD, GPs, psychiatrists, mental health professionals and other health professionals who work with young people, young people with severe mental illness, members of SWSPHN's consumer and carer advisory committee and parents/carers.

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 2 - Child and youth mental health services - Youth



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

2

**Activity Title \***

Child and youth mental health services - Youth

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 2: Child and youth mental health services

**Other Program Key Priority Area Description****Aim of Activity \***

Commission youth mental health services to improve health outcomes of young people aged 12 – 25 years with, or at risk of developing a mental illness. This service addresses a gap in mental health services accessibility in Wollondilly and Wingecarribee LGAs.

**Description of Activity \***

Continue to commission the ReFrame Youth Service for young people aged 12 – 25 years with, or at risk of developing mental illness in Wollondilly and Wingecarribee LGAs. This service provides mental health support delivered by youth engagement workers and allied mental health clinicians and has strong links to general practices to address the physical health needs and mental health treatment planning for young people, as well as strong links to psychiatry and eating disorders supports.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Young people aged 12 – 25 years with, or at risk of developing mental illness in Wollondilly and Wingecarribee LGAs.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

No

SA3 Name	SA3 Code
Southern Highlands	11402
Wollondilly	12303



## Activity Consultation and Collaboration

### Consultation

Previous co-design and ongoing consultation with ReFrame provider organisation. Clients of the service are encouraged to complete experience surveys which are used to measure client satisfaction and inform continuous quality improvement.

### Collaboration



## Activity Milestone Details/Duration

### Activity Start Date

30/06/2019

**Activity End Date**

29/06/2027

**Service Delivery Start Date**

01/07/2019

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No  
**Continuing Service Provider / Contract Extension:** Yes  
**Direct Engagement:** No  
**Open Tender:** No  
**Expression Of Interest (EOI):** No  
**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Previous co-design and ongoing consultation with ReFrame provider organisation. Clients of the service are encouraged to complete experience surveys which are used to measure client satisfaction and inform continuous quality improvement.

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 2 - Child and youth mental health services - headspace



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

2

**Activity Title \***

Child and youth mental health services - headspace

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health

**Other Program Key Priority Area Description****Aim of Activity \***

Commission headspace services to improve mental health outcomes of young people aged 12 – 25 with mild to moderate mental health problems in South Western Sydney. Centres include Bankstown, Campbelltown, Edmondson Park, Liverpool and Oran Park and services will be delivered across the headspace four core streams of mental health, physical and sexual health, alcohol and other drugs and vocational and education challenges.

**Description of Activity \***

- Continue to commission headspace Bankstown, Campbelltown, Edmondson Park, Liverpool and Oran Park, and work with Lead Agencies to strengthen services delivered to young people in line with the headspace Model Integrity Framework and headspace National Trademark Licence Deed.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Young people aged 12 – 25 years with mild to moderate mental health problems.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

### Collaboration

SWSPHN facilitates a regular centre managers meeting across all centres as an opportunity to share learnings.



## Activity Milestone Details/Duration

### Activity Start Date

30/06/2017

### Activity End Date

29/06/2028

### Service Delivery Start Date

01/07/2017

**Service Delivery End Date**

30/06/2028

**Other Relevant Milestones**



## Activity Commissioning

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
Way Back Support					
Supporting Recovery Pilot					
Mental Health Flexible					
Initial Assessment and Referral					
Interest - Mental Health					
headspace					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
Way Back Support						
Supporting Recovery Pilot						
Mental Health Flexible						
Initial Assessment and Referral						
Interest - Mental Health						
headspace						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 3 - Services for older people in residential aged care facilities



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

3

**Activity Title \***

Services for older people in residential aged care facilities

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

**Other Program Key Priority Area Description****Aim of Activity \***

Improve mental health outcomes for older people across SWS, with, or at risk of developing mental illness by commissioning psychological therapies and workforce capacity building activities within residential aged care facilities.

**Description of Activity \***

Commission psychological therapies and workforce capacity building activities within residential aged care facilities.

The supplier will in-reach into residential aged care facilities to increase access, however psychological therapy services will also be extended to older people in the community.

The supplier will also identify and deliver workforce training and education on mental health to improve workforce understanding and capacity to respond.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

**Priorities**

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Older people with or at risk of mental illness, who are residents of residential aged care or living within the community. Primarily targeting older people with mild to moderate symptoms of common mental illness, however older people with severe mental illness are not excluded.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Codesign was undertaken in 2018. Stakeholders were consulted with individually and through co-design workshops, including: RACFs in Wollondilly / Wingecarribee; Specialist Older Persons MH Services; Dementia Support Services (Hammondcare); Severe Behaviour Response Teams; Local Health Networks including GPs; Consumers and Carers; and other relevant local stakeholders.

### Collaboration



## Activity Milestone Details/Duration

### Activity Start Date

29/06/2018

### Activity End Date

29/06/2027

**Service Delivery Start Date**

01/03/2020

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Codesign was undertaken in 2018. Stakeholders were consulted with individually and through co-design workshops, including: RACFs in Wollondilly / Wingecarribee; Specialist Older Persons MH Services; Dementia Support Services (Hammondcare); Severe Behaviour Response Teams; Local Health Networks including GPs; Consumers and Carers; and other relevant local stakeholders.

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 3 - Psychological therapies for rural and remote, under-serviced and / or hard to reach groups



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

3

**Activity Title \***

Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

**Other Program Key Priority Area Description****Aim of Activity \***

Improve health outcomes of priority populations across SWS who are underserved by Medicare Better Access Initiative through Commissioning psychological therapy services for people aged 12+, with moderate to severe mental illness, and who identify with one or more eligible populations.

**Description of Activity \***

Continue to commission individual and group psychological therapy services for people aged 12+ with moderate to severe mental illness across SWS. Activities aim to engage priority populations who are underserved, informed by SWSPHN needs assessments. Current priority populations include people who:

- Do not speak English at home
- Are Aboriginal and/or Torres Strait Islander
- Are aged 65+ years
- Identify as LGBTQIA+
- Live in semi-rural areas experiencing isolation and social disconnection
- Are experiencing financial hardship
- Are experiencing homelessness
- Are experiencing perinatal depression or anxiety

## Needs Assessment Priorities \*

### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

People aged 12+ years who are underserved and hard to reach – specific groups as detailed in description.

### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Co-design occurred in 2017.

### Collaboration



## Activity Milestone Details/Duration

**Activity Start Date**

29/06/2017

**Activity End Date**

29/06/2027

**Service Delivery Start Date**

30/06/2017

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

- Not Yet Known:** No
- Continuing Service Provider / Contract Extension:** Yes
- Direct Engagement:** No
- Open Tender:** No
- Expression Of Interest (EOI):** No
- Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Co-design occurred in 2017 prior to commencement of services.

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

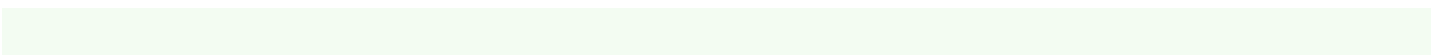
### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details



Funding From Other Sources - Organisational Details



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



## MH - 4 - Mental health services for people with severe and complex mental illness including care packages



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

4

**Activity Title \***

Mental health services for people with severe and complex mental illness including care packages

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

**Other Program Key Priority Area Description****Aim of Activity \***

Prevent hospitalisation and improve health outcomes of people with severe and complex mental illness across SWS through commissioning mental health nursing, care coordination, peer support, multidisciplinary support for eating disorders treatment and consultant psychiatry services.

**Description of Activity \***

Continue to commission mental health services for people with severe and complex mental illness across SWS.

Services include:

- Credentialed mental health nursing services to provide mental health intervention, care coordination and sector capacity. Mental health nurses work with consumers and other professionals such as GPs, to address client physical health and mental health needs.
- Peer support services integrated with psychological therapy services for underserved and hard to reach groups.
- Multidisciplinary supports for eating disorders treatment, with a particular focus on young people. Professions involved in multidisciplinary approach include allied mental health professionals, dietetics and psychiatry.
- Consultant psychiatry services providing initial assessment and brief intervention to support GPs in their treatment of consumers who experience barriers to accessing a psychiatrist.

## Needs Assessment Priorities \*

### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

People with severe and complex mental illness across SWS.

### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

### Collaboration



## Activity Milestone Details/Duration

**Activity Start Date**

30/06/2017

**Activity End Date**

29/06/2027

**Service Delivery Start Date**

30/06/2018

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

- Not Yet Known: No
- Continuing Service Provider / Contract Extension: Yes
- Direct Engagement: No
- Open Tender: No
- Expression Of Interest (EOI): No
- Other Approach (please provide details): No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

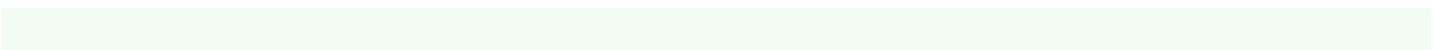
### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details



Funding From Other Sources - Organisational Details



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



## MH - 5 - Community based suicide prevention activities



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

5

**Activity Title \***

Community based suicide prevention activities

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 5: Community based suicide prevention activities

**Other Program Key Priority Area Description****Aim of Activity \***

Improve health outcomes and reduce suicide rates across SWS through commissioning clinical and non-clinical community-based systems-based approach to suicide prevention.

**Description of Activity \***

Continue to commission community-based suicide prevention approaches including:

- Psychological therapy services for people who are at risk, or who have attempted suicide.
- Non-clinical supports including an aftercare phone service, implementation of means restriction strategies, facilitation of networks, facilitation of support groups for individual who have attempted suicide as well as families and friends who have been bereaved, and training and education for communities and gatekeepers on mental health literacy and suicide prevention.
- Explore, and if possible, pilot, new suicide prevention initiatives and provide supports to those experiencing suicidal crisis determined to be able to be supported in primary care.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

## Priorities

Priority	Page reference
Mental health	94

---



## Activity Demographics

### Target Population Cohort

Consumers following a suicide attempt, or who are at risk of suicide and their families, friends and community.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes

---



## Activity Consultation and Collaboration

### Consultation

### Collaboration

---



## Activity Milestone Details/Duration

### Activity Start Date

29/06/2017

### Activity End Date

29/06/2027

**Service Delivery Start Date**

30/06/2017

**Service Delivery End Date**

30/06/2027

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No  
**Continuing Service Provider / Contract Extension:** Yes  
**Direct Engagement:** No  
**Open Tender:** No  
**Expression Of Interest (EOI):** No  
**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



**Activity Planned Expenditure**

**Planned Expenditure**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

**Funding From Other Sources - Financial Details**

**Funding From Other Sources - Organisational Details**



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 5 - Targeted Regional Initiatives for Suicide Prevention (TRISP)



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

5

**Activity Title \***

Targeted Regional Initiatives for Suicide Prevention (TRISP)

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 5: Community based suicide prevention activities

**Other Program Key Priority Area Description****Aim of Activity \***

Reduce suicide rates and increase aftercare and postvention supports by enhancing regional suicide prevention approaches through co-design, commissioning and implementation of Targeted Regional Initiatives for Suicide Prevention (TRISP).

**Description of Activity \***

Activities include:

- Provision of CPD training for GPs in suicide prevention

- Recruit 1 FTE Suicide Prevention Regional Response Coordinator. The Suicide Prevention Regional Response Coordinator role responsibilities will include:

- Lead all aspects of the TRISP project, including undertaking co-design, procurement and implementation of activities, represent SWSPHN by participating in national Community of Practice meetings and collate and provide any required reporting to support evaluation.

- Manage commissioned service contracts related to the TRISP project as well as the broader suicide prevention portfolio.

- Actively lead development and implementation of a regional response protocol in the event of suicide.

- Lead regional planning activities related to suicide prevention.

## Needs Assessment Priorities \*

### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

People who are at risk, or have attempted suicide and their friends, family and community.

### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Co design undertaken in 2023 to inform approaches.

### Collaboration

Black Dog Institute, SWSLHD, key frontline and lived experience workers, headspace, Standby, Lifeline, psychologists and people with lived experience and from at risk populations.



## Activity Milestone Details/Duration

**Activity Start Date**

29/06/2023

**Activity End Date**

29/06/2026

**Service Delivery Start Date**

30/06/2024

**Service Delivery End Date**

30/06/2026

**Other Relevant Milestones**



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes  
Continuing Service Provider / Contract Extension: No  
Direct Engagement: No  
Open Tender: Yes  
Expression Of Interest (EOI): Yes  
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



## Activity Planned Expenditure

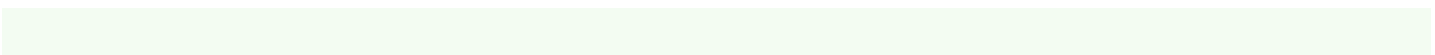
### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details



Funding From Other Sources - Organisational Details



Activity Comments

Activity Status

Submitted

PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

Comments from the Department

Comment	Date Created
---------	--------------



## MH - 5 - Wayback support service



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

5

**Activity Title \***

Wayback support service

**Existing, Modified or New Activity \***

Existing



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 5: Community based suicide prevention activities

**Other Program Key Priority Area Description****Aim of Activity \***

Commission non-clinical psychosocial aftercare support for people following a suicide attempt (The Way Back Support Service).

**Description of Activity \***

- The Way Back is a non-clinical support service focused on providing practical psychosocial support to people experiencing a suicidal crisis or who have attempted suicide.
- The objectives of the service are to improve access to high-quality aftercare to support at risk individuals to stay safe; build on capacity of individuals to self-manage distress and improve mental wellbeing; improve links with clinical and community-based services to meet individual needs and circumstances; increase social connectedness and links to supportive networks (families, friends/peers and carers); and improve the capacity and capability of The Way Back workforce to support at risk individuals.
- The service is delivered by trained Support Coordinators and Peer Workers under the supervision of a mental health clinician for a period of up to 3 months. Through assertive outreach, clients are linked to existing clinical and community-based services, to ensure they are safe and accessing the community-based support that is available.
- Transition The Way Back to Universal Aftercare in accordance with the bilateral agreements as required. This is expected to occur in 2025-2026FY.

**Needs Assessment Priorities \***

## Needs Assessment

SWSPHN Needs Assessment 2025-2028

### Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

The Way Back targets individuals following a suicide attempt or those identified as experiencing a suicidal crisis after presenting to a hospital emergency department or community mental health service.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

### Collaboration

SWSPHN facilitates a bi-monthly The Way Back steering committee with membership from Service Provider, Beyond Blue, SWSLHD.



## Activity Milestone Details/Duration

### Activity Start Date

01/01/2021

**Activity End Date**

30/12/2025

**Service Delivery Start Date**

04/01/2021

**Service Delivery End Date**

30/06/2025

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

Decommissioning to be determined, pending outcome of transition to universal aftercare model.

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Mental Health Flexible					
Initial Assessment and Referral					
Interest - Mental Health					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Mental Health Flexible						
Initial Assessment and Referral						
Interest - Mental Health						
Total						

### Funding From Other Sources - Financial Details



### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 6 - Aboriginal and Torres Strait Islander mental health services



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

6

**Activity Title \***

Aboriginal and Torres Strait Islander mental health services

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

**Other Program Key Priority Area Description****Aim of Activity \***

Improve health outcomes of Aboriginal and Torres Strait Islander peoples in SWS by increasing access to evidence based, integrated mental health and alcohol and other drug supports through commissioning a social and emotional wellbeing approach and implementing workforce capacity building opportunities.

**Description of Activity \***

- Continue to commission Aboriginal health services to deliver integrated mental health and alcohol and other drug supports through a social and emotional wellbeing approach. Services will be targeted towards Aboriginal and Torres Strait Islander peoples experiencing, or at risk of developing mental illness, including co-occurring AOD problems.
- Explore opportunities to build the capacity of the new and existing workforce through relevant training to ensure service providers are appropriately qualified, experienced and resourced to deliver culturally respectful care.

**Needs Assessment Priorities \*****Needs Assessment**

SWSPHN Needs Assessment 2025-2028

## Priorities

Priority	Page reference
Mental health	94



## Activity Demographics

### Target Population Cohort

Aboriginal and Torres Strait Islander peoples experiencing, or at risk of developing mental illness, including co-occurring AOD problems.

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

Yes

### Indigenous Specific Comments

Commissioning of Social and Emotional Wellbeing service which offers mental health and AOD services for indigenous populations.

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

### Collaboration

- Tharawal Aboriginal Medical Service (AMS)
- Gandangara Health Service (non-AMS)



## Activity Milestone Details/Duration

### Activity Start Date

29/06/2017

### Activity End Date

29/06/2026

**Service Delivery Start Date**

30/06/2017

**Service Delivery End Date**

30/06/2026

**Other Relevant Milestones**



## Activity Commissioning

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

Yes



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
headspace					
Way Back Support					
Supporting Recovery Pilot					
Mental Health Flexible					
Initial Assessment and Referral					
Interest - Mental Health					
Indigenous Mental Health					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
headspace						
Way Back Support						
Supporting Recovery Pilot						
Mental Health Flexible						
Initial Assessment and Referral						
Interest - Mental Health						
Indigenous Mental Health						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH - 7 - National Initial Assessment & Referral Decision Support Tool Initiative and Training Officer



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

7

**Activity Title \***

National Initial Assessment & Referral Decision Support Tool Initiative and Training Officer

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 7: Stepped care approach

**Other Program Key Priority Area Description****Aim of Activity \***

Increase earlier referral and access to appropriate mental health supports by build capacity of General Practitioners and mental health professionals to use the IAR Decision Support Tool (DST) in their practice to support delivery of a stepped care approach to mental health.

**Description of Activity \***

Recruit and retain an Initial Assessment and Referral (IAR) Training Support Officer (TSO) to build capacity of General Practitioners and mental health professionals to use the IAR Decision Support Tool (DST) in their practice to support delivery of a stepped care approach to mental health.

Training will be provided using a range of modalities and GPs will be incentivised for completing training in line with guidance provided by DoHAC. This includes promoting the new mixed learning opportunities to all providers, including the online Learning modules, and continued access to face-to-face or group sessions online.

GPs and mental health professionals will be encouraged to utilise the IAR DST in assessment and referral of patients to SWSPHN commissioned and non-commissioned services to improve earlier access to appropriate mental health supports.

In 2024/25 FY once-off funding was provided by DoHAC to be utilised for additional TSO capacity, this was a once off activity that is not expected to be recurrent.

### Needs Assessment Priorities \*

#### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



### Activity Demographics

#### Target Population Cohort

GPs and other mental health professionals

#### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

#### Coverage

##### Whole Region

Yes



### Activity Consultation and Collaboration

#### Consultation

#### Collaboration



### Activity Milestone Details/Duration

**Activity Start Date**

29/06/2021

**Activity End Date**

29/06/2025

**Service Delivery Start Date**

**Service Delivery End Date**

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

No



### Activity Planned Expenditure

#### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Mental Health Flexible					
Interest - Mental Health					
Initial Assessment and Referral					

#### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Mental Health Flexible						
Interest - Mental Health						
Initial Assessment and Referral						
Total						

#### Funding From Other Sources - Financial Details

**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH - 7 - Stepped Care Approach



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

7

**Activity Title \***

Stepped Care Approach

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 7: Stepped care approach

**Other Program Key Priority Area Description****Aim of Activity \***

Increase access to appropriate mental health supports, matched to consumer need, by commissioning a continuum of primary mental health services within a person-centred Stepped Care approach to ensure best allocation of funding and workforce to ultimately lead to better health outcomes for SWS.

**Description of Activity \***

Continue to implement a stepped care approach to primary mental health services by:

- Developing and implementing mental health governance guidelines to set minimum requirements and ensure provision of high-quality services across intake, allocation and treatment provision of consumers accessing SWSPHN commissioned mental health services.
- Delivering an in-house central intake service to facilitate referrals into SWSPHN commissioned mental health services in accordance with a stepped care approach, Initial Assessment and Referral Decision Support Tool (IAR-DST) and ensuring accurate collection of PMHC-MDS.
- Delivering activities to increase health professional awareness of stepped care, SWSPHN commissioned mental health services, referral pathways and build capacity to treat consumers with mental illness and common co-morbidity (includes CPD and MH/AOD roundtables).
- Review and understand findings of the SWSPHN stepped care evaluation and identify opportunities to strengthen SWSPHNs

approach to commissioning a continuum of primary mental health services in SWS.

### Needs Assessment Priorities \*

#### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



### Activity Demographics

#### Target Population Cohort

#### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

#### Coverage

#### Whole Region

Yes



### Activity Consultation and Collaboration

#### Consultation

#### Collaboration



### Activity Milestone Details/Duration

**Activity Start Date**

29/06/2017

**Activity End Date**

28/06/2027

**Service Delivery Start Date**

**Service Delivery End Date**

**Other Relevant Milestones**



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** No

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

No

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

**Is this activity in scope for data collection under the Mental Health National Minimum Dataset?**

No



### Activity Planned Expenditure

#### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

#### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

#### Funding From Other Sources - Financial Details

**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH - 8 - Regional mental health and suicide prevention planning



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH

**Activity Number \***

8

**Activity Title \***

Regional mental health and suicide prevention planning

**Existing, Modified or New Activity \***

Existing



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

**Other Program Key Priority Area Description****Aim of Activity \***

Ensure that consumers have access to high quality, integrated, responsive and consumer-centred mental health services in SWS by developing and implementing SWS Mental Health and Suicide Prevention Regional Planning activities, and other activities that support broader sector development and planning.

**Description of Activity \***

Continue to develop and implement SWS Mental Health and Suicide Prevention Regional Planning activities, and other activities that support broader sector development and planning including:

- Working in partnership with SWSLHD to develop and implement joint SWS Mental Health and Suicide Prevention Regional plans through an agreed governance structure. SWSPHN's current regional plan expires 30 June 2025, therefore SWSPHN will work with SWSLHD in 25/26 to develop a new plan.
- Implement the No Wrong Door initiative, a multi-agency collaborative which brings together organisations in a collaborative and coordinated way to achieve the mutual aim of reducing barriers and enhancing support for consumers.
- Continue to facilitate mental health advisory committee's and lived experience reference groups to consult on activities of the SWSPHN mental health team.

**Needs Assessment Priorities \***

## Needs Assessment

SWSPHN Needs Assessment 2025-2028

### Priorities

Priority	Page reference
Mental health	94
Alcohol and other drugs	115



## Activity Demographics

### Target Population Cohort

#### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Extensive consultation was undertaken in 2018/19 as part of the initial development of the SWS Mental Health and Suicide Prevention Regional Plan.

### Collaboration

7 working groups led by SWSPHN and SWSLHD co-leads are involved in implementing regional planning activities.



## Activity Milestone Details/Duration

### Activity Start Date

30/05/2018

**Activity End Date**

28/06/2027

**Service Delivery Start Date**

**Service Delivery End Date**

**Other Relevant Milestones**

Current plan expires 30 June 2025. A new plan to take affect from 01/07/2025 is being developed.



**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Indigenous Mental Health					
headspace					
Way Back Support					
Supporting Recovery Pilot					
Initial Assessment and Referral					
Interest - Mental Health					
Mental Health Flexible					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Indigenous Mental Health						
headspace						
Way Back Support						
Supporting Recovery Pilot						
Initial Assessment and Referral						
Interest - Mental Health						
Mental Health Flexible						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------



## MH-Op - 0 - Supporting Recovery Pilot - Operational



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH-Op

**Activity Number \***

0

**Activity Title \***

Supporting Recovery Pilot - Operational

**Existing, Modified or New Activity \***

Existing

---



### Activity Priorities and Description

**Program Key Priority Area \***

**Other Program Key Priority Area Description**

**Aim of Activity \***

**Description of Activity \***

**Needs Assessment Priorities \***

**Needs Assessment**

**Priorities**

---



## Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type \*

Indigenous Specific \*

Indigenous Specific Comments

Coverage

Whole Region



## Activity Consultation and Collaboration

Consultation

Collaboration



## Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No  
Continuing Service Provider / Contract Extension: No  
Direct Engagement: No  
Open Tender: No  
Expression Of Interest (EOI): No  
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Interest - Mental Health					

Mental Health Operational					
---------------------------	--	--	--	--	--

**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Interest - Mental Health						
Mental Health Operational						
Total						

**Funding From Other Sources - Financial Details**

--

**Funding From Other Sources - Organisational Details**

--



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



# MH-Op - 0 - Primary Mental Health Care - Operational



## Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH-Op

**Activity Number \***

0

**Activity Title \***

Primary Mental Health Care - Operational

**Existing, Modified or New Activity \***

Existing



## Activity Priorities and Description

**Program Key Priority Area \***

**Other Program Key Priority Area Description**

**Aim of Activity \***

**Description of Activity \***

**Needs Assessment Priorities \***

**Needs Assessment**

**Priorities**



## Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type \*

Indigenous Specific \*

Indigenous Specific Comments

Coverage

Whole Region



## Activity Consultation and Collaboration

Consultation

Collaboration



## Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No  
Continuing Service Provider / Contract Extension: No  
Direct Engagement: No  
Open Tender: No  
Expression Of Interest (EOI): No  
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



## Activity Planned Expenditure

### Planned Expenditure

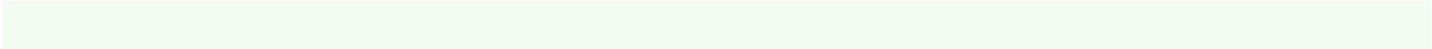
Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Interest - Mental Health					

Mental Health Operational					
---------------------------	--	--	--	--	--

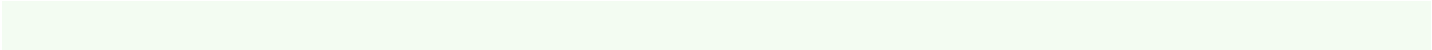
**Totals**

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Interest - Mental Health						
Mental Health Operational						
Total						

**Funding From Other Sources - Financial Details**



**Funding From Other Sources - Organisational Details**



**Activity Comments**

**Activity Status**

Submitted

**PHN Comments**

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

**Comments from the Department**

Comment	Date Created
---------	--------------



## MH-AMHCT - 1 - Medicare Mental Health Centres



### Activity Metadata

**Applicable Schedule \***

Primary Mental Health Care

**Activity Prefix \***

MH-AMHCT

**Activity Number \***

1

**Activity Title \***

Medicare Mental Health Centres

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Other (please provide details)

**Other Program Key Priority Area Description**

Adult Mental Health Centre and Satellite Network (Head to Health)

**Aim of Activity \***

Improve health outcomes of adults in SWS by continuing to commission Liverpool Head to Health Adult Mental Health Centre (to transition to be known as Liverpool Medicare Mental Health Centre by February 2025) and commissioning a new Campbelltown Medicare Mental Health Centre. The centres are a highly visible and accessible entry point to services for people experiencing psychological distress, and provides assessment, referral and short to medium term multidisciplinary treatment.

**Description of Activity \***

Continue to commission Liverpool Head to Health Adult Mental Health Centre (to transition to be known as Liverpool Medicare Mental Health Centre by February 2025b), and commissioning a new Campbelltown Medicare Mental Health Centre consistent with the model of care provided. The Campbelltown centre is expected to be operational by October 2025.

The service provides evidence-based and evidence-informed immediate, and short to medium term episodes of care, including utilisation of digital mental health platforms. The service will primarily support clients of level 3 or 4 assessment on the IAR and offer referral pathways to other services. The services will also establish protocols to provide immediate support to those in significant distress and establish pathways to support access to tertiary and emergency services as required. The service is delivered by a multidisciplinary team, including lived experience and is open extended hours 7 days per week.

In 2023-24 FY to 2024-25 FY the supplier of Liverpool Health to Health will implement community engagement activities to increase awareness of the centre, and opportunities to address physical health needs of people with mental illness will be explored.

### Needs Assessment Priorities \*

#### Needs Assessment

SWSPHN Needs Assessment 2025-2028

#### Priorities

Priority	Page reference
Mental health	94



### Activity Demographics

#### Target Population Cohort

Adults in South Western Sydney.

#### In Scope AOD Treatment Type \*

#### Indigenous Specific \*

No

#### Indigenous Specific Comments

#### Coverage

##### Whole Region

Yes



### Activity Consultation and Collaboration

#### Consultation

Extensive consultation and co-design was undertaken by the commissioned supplier in 2023. Further co-design to be undertaken by the successful respondent of the Campbelltown Medicare Mental Health Centre tender from February 2025 to September 2025.

#### Collaboration



## Activity Milestone Details/Duration

**Activity Start Date**

27/12/2021

**Activity End Date**

27/06/2028

**Service Delivery Start Date**

01/05/2023

**Service Delivery End Date**

30/06/2028

**Other Relevant Milestones**



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** Yes

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

Yes

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Extensive consultation and co-design was undertaken by the commissioned supplier in 2023. The existing supplier of Liverpool Medicare Mental Health Centre will continue to June 2026. Further co-design to be undertaken by the successful respondent of

the Campbelltown Medicare Mental Health Centre tender from February 2025 to September 2025.



## Activity Planned Expenditure

### Planned Expenditure

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28
Medicare Mental Health Centres – PMHC					

### Totals

Funding Stream	FY 23 24	FY 24 25	FY 25 26	FY 26 27	FY 27 28	Total
Medicare Mental Health Centres – PMHC						
Total						

### Funding From Other Sources - Financial Details

### Funding From Other Sources - Organisational Details



## Activity Comments

### Activity Status

Submitted

### PHN Comments

Subject	Description	Commented By	Date Created
---------	-------------	--------------	--------------

### Comments from the Department

Comment	Date Created
---------	--------------

