

POLAR Walkthrough

Clinic Summary – DEXA scan

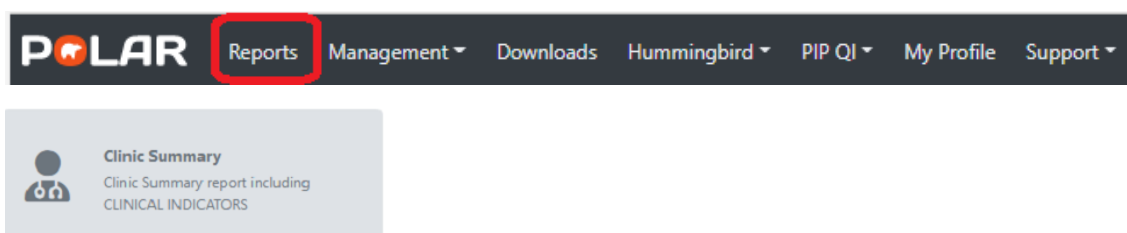
Identify patients with no record of a Bone Mineral Density scan in the last 12 months

Patient cohort:

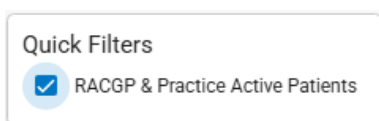
- Practice Active & RACGP Active patients (Step 3)
- Patients aged 70 years and over (Step 5)
- No record of Bone Mineral Density (DEXA) scan recorded in the last 12 months (Step 7)

Note: Patient cohort can be modified by adding or removing steps as needed by your practice.

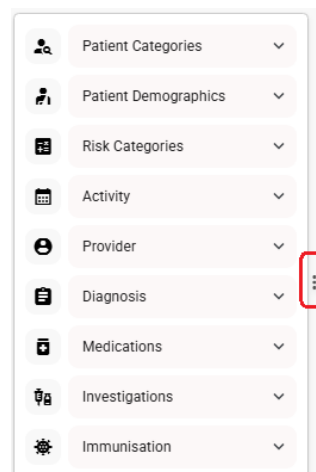
1. Log in to **POLAR** polarexplorer.org.au
2. Click **Reports** > select **Clinic Summary**



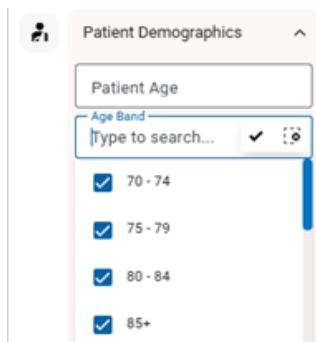
3. Select **RACGP & Practice Active Patients** filter
(Filters patients who have visited your practice at least three times in the last two years, and whose record is Active in your practice clinical software)



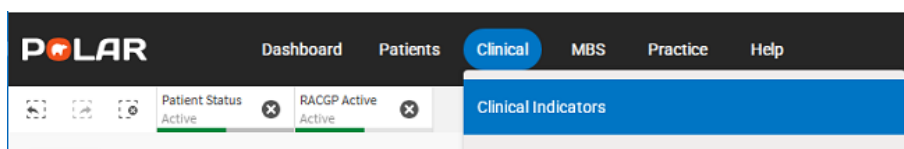
4. To select **Patient Demographics**, expand the filters panel on the left-hand side by clicking on the ellipsis (3 vertical dots).



5. Select **Patient Demographics > Age Band >** select all age bands **70 years and over** then ✓

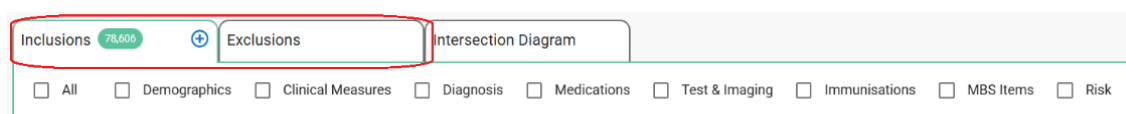


6. To identify patients without a Bone Mineral Density (DEXA) scan recorded in the past 12 months, go to **Clinical > Clinical Indicators**



There are two kinds of filters to apply – **Inclusions** and **Exclusions**

Includes/Excludes patients on your list based on what they have had or have recorded.

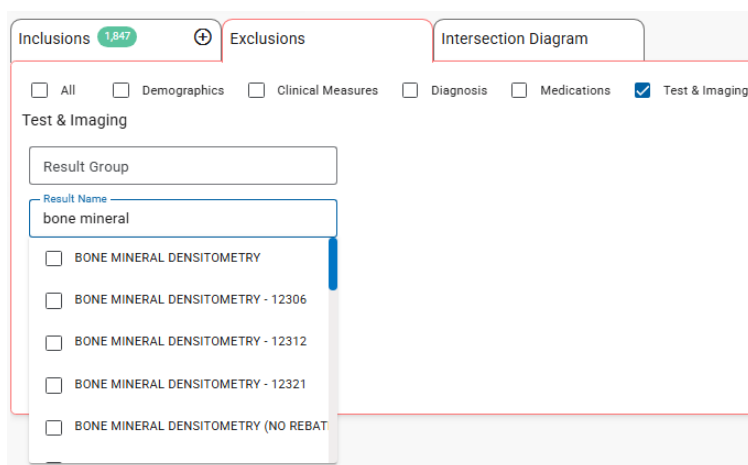


7. Select **Exclusions > Tests & Imaging**

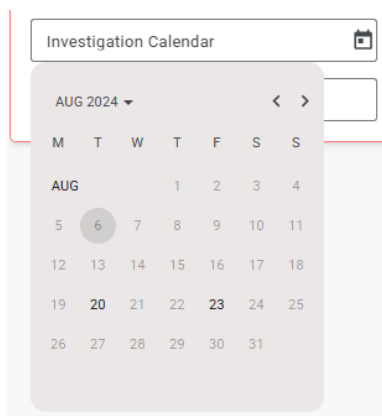
In **Result Name** box, type **Bone Mineral Dens** and select the relevant results names.

In the **Result Name** box, also type **DEXA** and select the relevant result names

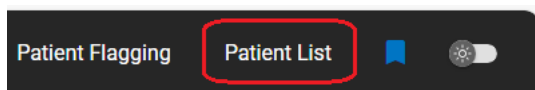
(You will exclude patients who have had a Bone Mineral Density/DEXA scan recorded on the clinical software.)



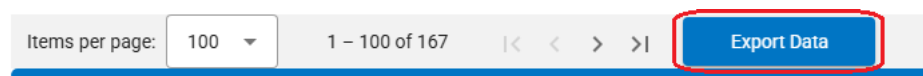
On the **Investigation Calendar**, select the start and finish date range to exclude the last 12 months



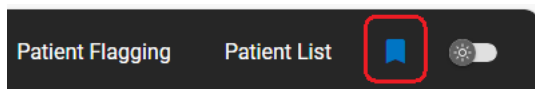
- When all required filters have been selected, click **Patient List** on the top right-hand side of the screen to obtain a list of patients.



- Click **Export Data** to download the list as an Excel file on your computer.



- You can **Bookmark** the filters for future use, click on the ribbon icon (next to Patient List) and create a new bookmark.



For any further assistance in using POLAR, please contact your CQI officer
or email cqisupport@swsphn.com.au