

Measles Alert for South Western Sydney GPs

There is an increased risk of measles associated with travellers, especially people returning from Vietnam

Background:

- There are several measles outbreaks overseas, particularly in South-East Asia (most notably Vietnam), the Middle East and some states in the USA (in particular Texas).

Clinical Assessment:

- Suspect measles in returned travellers presenting with fever and any of the following: cough, coryza, conjunctivitis or rash, particularly if there is an unclear history of measles vaccination.

Action:

- Isolate case from waiting room on arrival (reception staff should be informed of the risk)
- Have the case wear a mask
- Call the Public Health Unit ASAP (preferably while the patient is still in the consulting room) on 1300 066 055 (business hours) or 8738 3000 (after hours - Liverpool Hospital switch)
 - PHU can guide you through the process
- **Testing:**
 - Nasal/throat swab for measles PCR, *and*
 - First pass urine sample for measles PCR
 - Mark form as '**Urgent**'
 - Ensure pathology service aware

Advise the patient:

- To isolate at home until test results are received
- That PHU will be calling them, and encourage them to engage with us
- Provide a measles factsheet:
 - [English](#)
 - [Other languages](#)