

Service Announcement

December 2024

Referrals open as new providers begin delivering Clinical Suicide Prevention Service

Two new service providers are now delivering South Western Sydney PHN's Clinical Suicide Prevention Service, improving access to appropriate, safe and timely clinical care for people at low-to-moderate risk of suicide following a suicide attempt or experiencing a suicidal crisis.

Community Links Wellbeing is providing services in Wollondilly and Wingecarribee Shires, while One Door Mental Health is providing services in Camden, Campbelltown, Liverpool, Fairfield and Bankstown local government areas, after a period of transition from former provider Grand Pacific Health.

The Clinical Suicide Prevention Service provides free psychological therapies for people who:

- have continued suicidal ideation after discharge from acute services
- present at a GP clinic after a suicide attempt
- present to a GP with persistent suicidal ideation

Patients require a referral from either a GP or one of South Western Sydney Local Health District's mental health teams to access the service.

GPs can refer their patients to the service by contacting SWSPHN's Mental Health Central Intake. Visit the SWSPHN website for how to refer your patients.

Community Links Wellbeing is a not-for-profit community organisation working across Camden, Wollondilly and Wingecarribee. It supports locals through community development, events, groups, workshops, youth programs, crisis support, carer support, family support, allied health and mental health services.

One Door Mental Health is a leading mental health provider specialising in anxiety and depression, and severe and persistent mental illnesses such as schizophrenia, bipolar disorder, obsessive compulsive disorder, post-traumatic stress disorder, psychosis and schizoaffective disorder and borderline personality disorder.

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This service is supported by funding from the Australian Government through the PHN program.

South Western Sydney PHN is a not-for-profit organisation dedicated to supporting general practitioners, practice nurses and other primary health providers to deliver the best possible care for their patients. Our aim is to improve access to quality local healthcare for all residents living in the Bankstown, Fairfield, Liverpool, Campbelltown, Camden, Wollondilly and Wingecarribee LGAs. We acknowledge the traditional custodians of the land, water and skies of South Western Sydney, the Darug, Dharawal and Gundungurra peoples, and pay our respects to Elders past and present.

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South Western Sydney PHN CEO, Dr Keith McDonald PhD, said the Clinical Suicide Prevention Service had provided accessible and sensitive individual psychological therapy services across the region since July 2017.

Dr McDonald thanked Grand Pacific Health for its commitment to delivering the service during the past almost two years, and welcomed Community Links Wellbeing and One Door Mental Health as the new service providers.

“This service aims to help clients through the healing process with supports appropriate to their need. This might include identifying treatment goals, safety planning, psychological therapy or referrals to longer term services if needed.

“We’re looking forward to working with Community Links Wellbeing and One Door Mental Health to ensure this service continues to provide effective and efficient care which meets the urgent needs of people in our community at risk of suicide.”

- *If you, or someone you know is having suicidal thoughts, talking about self-harm, or is noticeably in serious distress, call triple 0 (000). Alternatively, contact the NSW Mental Health Access Line on 1800 011 511.*

[Find out more](#) about the Clinical Suicide Prevention Service.

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