

Early Intervention – Where and How to Refer



STRONGER SEEDS, TALLER TREES
Increasing early supports to improve child outcomes

Developmental Concern	Service Provider	Contact Details	
<ul style="list-style-type: none"> • Communication • Feeding 	Speech Pathology	Liverpool	Rainbow Cottage Phone: 9616 4405 Email: SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au
		Fairfield	Fairfield Community Health Centre Cabramatta Community Health Centre Phone: 9794 1739 Email: SWSLHD-FairfieldCHSpeechPathology@health.nsw.gov.au
		Bankstown	Bankstown Community Health Centre Phone: 9780 2777 (ask for Child & Family intake) Email: SWSLHD-BankstownCHSpeechPathology@health.nsw.gov.au
		Macarthur	Narellan Community Health Centre Rosemeadow Community Health Centre Ingleburn Community Health Centre Wollondilly Community Health Centre Phone: 4633 4133 Email: SWSLHD-MacarthurSpeechPathology@health.nsw.gov.au
		Macarthur *Complex multidisciplinary needs	Paediatric Allied Health Unit (PAHU) Phone: 4634 3580 & 0408662782 Email: SWSLHD-Campbelltown-PaedSpeech@health.nsw.gov.au
<ul style="list-style-type: none"> • Fine motor skills • Sensory processing • Play • Self-help skills 	Occupational Therapy	Liverpool	Rainbow Cottage Phone: 9616 4405 Email: SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au
		Fairfield	Fairfield Community Health Centre Cabramatta Community Health Centre Phone: 9794 1700
		Bankstown	Bankstown Community Health Centre Phone: 9780 2777 (ask for Child & Family intake)
		Macarthur	Wollondilly Community Health Centre Phone: 4683 6019 Camden Local Government Area Phone: 4633 4105 Campbelltown Local Government Area Phone: 4633 0500
		Macarthur *Complex multidisciplinary needs	Paediatric Allied Health Unit (PAHU) Phone: 4634 3580
<ul style="list-style-type: none"> • Gross motor skills 	Physiotherapy	Liverpool	Rainbow Cottage Phone: 9616 4405 Email: SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au
		Bankstown	Bankstown Community Health Centre Phone: 9780 2777 (ask for Child & Family intake)
		Macarthur *Complex multidisciplinary needs	Paediatric Allied Health Unit (PAHU) Phone: 4634 3580

<ul style="list-style-type: none"> • Weight • Nutrition 	Dietetics	Liverpool, Bankstown & Fairfield	<u>Early Childhood Community Nutritionist</u> Phone: 9780 2838 Email: SWSLHD-NutritionEarlyChildhoodBFL@health.nsw.gov.au
<ul style="list-style-type: none"> • Social & emotional wellbeing • Behaviour 	Mental Health – Psychology & Counselling	Camden, Campbelltown, Wingecarribee & Wollondilly	Phone: 4633 4179 Email: SWSLHD-NutritionEarlyChildhoodMW@health.nsw.gov.au
		<p><u>SWSPHN STAR4Kids</u> Ages 3-12 years Free psychological therapies to children with, or at risk of, developing mild to moderate mental illness, including depressive, anxiety or stress disorders, with barriers to accessing Better Access (Medicare). South Western Sydney Central Intake Phone: 1300 797 746 Online Referral Form: https://phnswsws.redicase.com.au/#!/referral/create</p> <p><u>Karitane</u> Ages 0-5 years South Western Sydney Intake Phone: 9794 2350 Online Referral Form: https://www.karitane.com.au/referral</p> <p><u>Child & Family Psychology</u> Ages 0-12 years South Western Sydney Central Intake Phone: 8788 4200</p> <p><u>Perinatal & Infant Mental Health Services</u></p> <ul style="list-style-type: none"> • Bankstown, Liverpool & Fairfield Phone: 9616 4251 • Campbelltown, Wollondilly & Wingecarribee Phone: 4621 5000 <p><u>Infant, Child & Adolescent Mental Health Services (ICAMHS)</u> Assessment and intervention for children, young people and their families, who have complex or moderate to severe mental health problems and consultation about assessment and management of children with mental health problems to schools, hospitals in the LGA and general practitioners.</p> <ul style="list-style-type: none"> • Liverpool & Fairfield Phone: 9827 8011 & 8717 1700 Referral Form: http://www.icamhs.com.au/pdf/CAMHS-LivFRF.pdf • Bankstown Phone: 9780 2777 Referral Form: http://www.icamhs.com.au/pdf/camhs-referral-form.pdf • Macarthur & Campbelltown Phone: 4621 5000 Referral Form: http://www.icamhs.com.au/pdf/CAMHS_CCQ.pdf <p><u>Family Mental Health Support Services</u></p> <ul style="list-style-type: none"> • Liverpool: Mission Australia – Happy Healthy Minds Phone: 9732 6500 • Fairfield: Woodville Alliance Phone: 9724 3807 • Bankstown: Break Thru People Solutions Phone: 8700 1400 • Campbelltown: The Benevolent Society Phone: 1800 236 762 	

		NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS) Phone: 9646 6800 Online Referral Form: https://www.startts.org.au/services/make-a-referral/
Hearing	Audiometry	<ul style="list-style-type: none"> • Fairfield Community Health Centre Phone: 9794 1700 • Hoxton Park Community Health Centre Phone: 9794 0222 • Ingleburn Early Childhood Centre Phone: 8788 4200 • Narellan Community Health Centre Phone: 4633 0500 • Wollondilly Community Health Centre Phone: 4633 0000 • Wingecarribee Community Health Centre Phone: 4861 8000
Monitoring global development	Child & Family Health Nurse	Community Health Centres (as above)

If you have significant concerns regarding a child's development:

Complete all 3 referrals below:

1) Allied Health services

Public – As above

Private – Please provide families with the relevant Medicare plans to access rebates on private services

2) Private Developmental Paediatrician

3) National Disability Insurance Scheme (NDIS) – Early Childhood Early Intervention (ECEI)

For children 8 years old or younger

EACH Central Intake Phone: 1300 003 224

Email: info@each.com.au

Website: <https://www.each.com.au/service/early-childhood-early-intervention/>

If a child is over 8 years old, they can access:

- Private Allied Health services (and relevant Medicare plans)
- The National Disability Insurance Scheme (NDIS) if eligible
<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>
- SSI – Local Area Coordination for support with NDIS
[Local Area Coordination - SSI](#)
- Some public Allied Health services – please enquire with local Community Health Centres

How to find private Allied Health services:

Speech Pathology	https://www.speechpathologyaustralia.org.au/
Occupational Therapy	https://www.otaus.com.au/find-an-ot
Physiotherapy	https://choose.physio/find-a-physio
Dietetics	https://dietitiansaustralia.org.au/find-an-apd/
Psychology	https://www.psychology.org.au/Find-a-Psychologist

Please contact Meredith Munnoch at Meredith.Munnoch@health.nsw.gov.au to advise of any errors or updates to information in this document.