

Focus Area	Why improve this focus area?	QI Ideas "What" of the Action Plan	Advice/ Treatment Options
Physical activity	<p>Physical activity can ↑ quality of life and ↓ risk of stroke, T2D & other chronic diseases</p> <p>Up to date MHR</p> <p>Proactive patient care</p> <p>Opportunity to educate</p> <p>Practice Nurse MBS items 10997 or 10987</p>	<p>PN Triage if part of Management Plans</p> <ul style="list-style-type: none"> • bill item 10997 (5/yr) • bill item 10987 (10/yr) for Aboriginal and Torres Strait Islander who has received a Health Assessment <p>Poster to encourage patient check</p> <p>Install & utilise Walrus</p> <p>Focus on patient with chronic conditions</p> <p>Set KPI for next team meeting</p> <p>A3 benchmark report in lunch room</p>	<p>Health professional resources</p> <ul style="list-style-type: none"> • HealthPathways Physical Activity (adults) • Health Pathways Physical Activity (children) <p>Patient resources</p> <ul style="list-style-type: none"> • Get Healthy (Free phone-based health coaching) • Go4Fun (7-13 yrs) • Exercise in pregnancy