

Focus Area	Why improve this focus area?	QI Ideas "What" of the Action Plan	Advice/ Treatment Options
<p style="text-align: center;">Blood Pressure</p>	<p>High BP precursor to other chronic diseases</p> <p>High BP can often be asymptomatic</p> <p>Up to date MHR</p> <p>Proactive patient care</p> <p>Opportunity to educate</p> <p>Practice Nurse MBS items 10997 or 10987</p>	<p>PN Triage if part of Management Plans</p> <ul style="list-style-type: none"> • bill item 10997 (5/yr) • bill item 10987 (10/yr) for Aboriginal and Torres Strait Islander who has received a Health Assessment <p>Poster to encourage patient check</p> <p>Install & utilise Walrus</p> <p>Focus on high risk patients</p> <p>Set KPI for next team meeting</p> <p>A3 benchmark report in lunch room</p>	<p><u>Health professional resources</u></p> <ul style="list-style-type: none"> • HealthPathways - Hypertension • Heart Foundation - Hypertension management • Aboriginal Health - hypertension <p><u>Patient resources</u></p> <ul style="list-style-type: none"> • NPS MedicineWise • Dietary recommendations • High blood pressure in Pregnancy