

Focus Area	Why improve this focus area?	QI Ideas "What" of the Action Plan	Advice/ Treatment Options
<p><b>BMI &amp; Waist</b></p>	<p>High BMI/waist in adults is the greatest contributor to chronic diseases</p> <p>High BMI/waist in children ↑ risk of obesity, T2D &amp; CVD in adulthood</p> <p>Up to date record - MHR</p> <p>Proactive patient care</p> <p>Opportunity to educate</p> <p>Practice Nurse MBS</p>	<p>PN Triage if part of Management Plans</p> <ul style="list-style-type: none"> <li>• bill item <a href="#">10997</a> (5/yr)</li> <li>• bill item <a href="#">10987</a> (10/yr) for Aboriginal and Torres Strait Islander who has received a Health Assessment</li> </ul> <p><a href="#">Poster</a> to encourage patient check</p> <p>Install &amp; utilise Walrus</p> <p>Focus on patient groups (e.g. patients with high cholesterol or high blood glucose levels)</p> <p>Set KPI for next team meeting</p> <p>A3 benchmark report in lunch room</p>	<p><b><u>Health professional resources</u></b></p> <ul style="list-style-type: none"> <li>• <a href="#">HealthPathways Weight management (adults)</a></li> <li>• <a href="#">Health Pathways Weight Management (children)</a></li> </ul> <p><b><u>Patient resources</u></b></p> <ul style="list-style-type: none"> <li>• <a href="#">Get Healthy (Free phone-based health coaching)</a></li> <li>• <a href="#">Dietary recommendations</a></li> <li>• <a href="#">Go4Fun (7-13 yrs)</a></li> </ul>