

## POLAR Walkthrough

## Male patients aged 40 – 44 years old eligible for Heart Health Check

## **Patient Cohort:**

- Practice Active & RACGP Active (visit practice at least 3 times in 2 years)
- Have never had and/or expired Heart Health Check (Step 2)
- Aged 40-44 years old (Step 3)
- Male patients (Step 4)

Note: Patient cohort can be modified by adding or removing steps according to the needs of your practice.

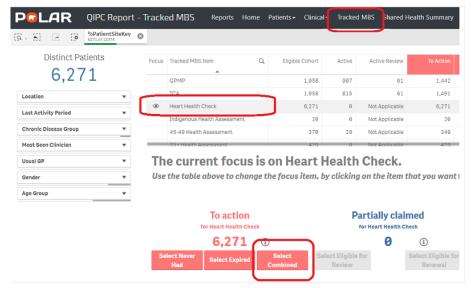
1. Log in to POLAR > Click Reports > Click QIPC Clinic Report



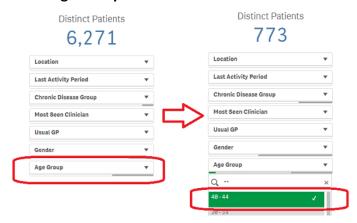




2. Click Tracked MBS > Select Heart Health Check > Choose Select Combined

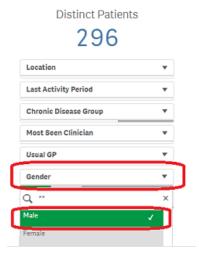


3. Click Age Group on the left side filter bar > Select 40-44 years old

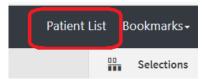




4. Click Gender > Select Male



5. Click on **Patient List** on the top right-hand side of the screen



6. Click on **Export to Excel** and save it as an Excel file

