

POLAR Walkthrough

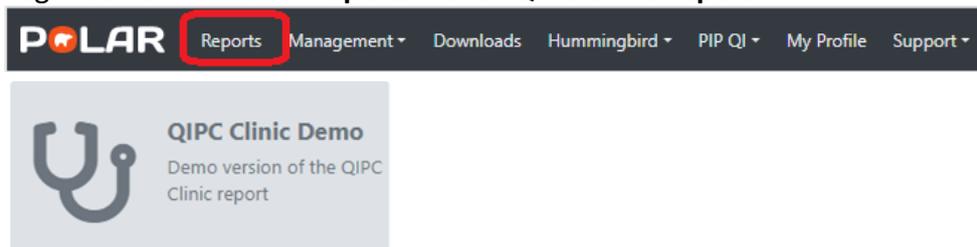
Active Chronic CVD patients with Total Cholesterol greater than 6.5 but no lipid-lowering medication in record

Patient Cohort:

- Practice Active & RACGP Active (visited practice at least 3 times in 2 years)
- Active Chronic CVD (Step 2)
- Total Cholesterol greater than 6.5 (Step 3)
- Patient is not on lipid-lowering medication (Step 4)

Note: Patient cohort can be modified by adding or removing steps according to the needs of your practice.

1. Log in to POLAR > Click **Reports** > Click **QIPC Clinic Report**



2. Click **Clinical** > Select **CVD** > select **Active Chronic CVD**

The screenshot shows the POLAR QIPC Report - CVD (BETA) interface. The 'Clinical' menu is open, and 'CVD (BETA)' is selected. A callout box displays 'Active Chronic CVD 2,717'. The main dashboard shows 'Distinct Patients 2,717' and various filters for Location, Last Activity Period, Chronic Disease Group, Most Seen Clinician, Usual GP, Gender, and Age Group.

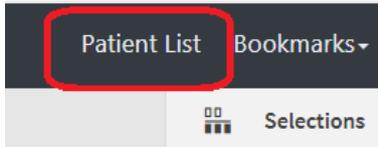
3. Go to **Management** > Select **No Filter** in the data Range > Go to **Total Cholesterol** on the management table, then click **magnifying glass** and type **>6.5** then **Enter** to select all, then

The screenshot shows the Management table in the POLAR interface. The 'Management' tab is selected. The 'Total cholesterol' column is filtered with '>6.5'. A callout box shows the filter result. The table displays patient data with columns for BP, ACR, Lipid Lowering Therapy, Total cholesterol, HDL, LDL, Non-HDL, and Triglycerides.

4. In the same Management table > Go to **Lipid Lowering Therapy** > Select **Not Recorded** then

The screenshot shows the Management table in the POLAR interface. The 'Lipid Lowering Therapy' column is filtered with 'Not Recorded'. A callout box shows the filter result. The table displays patient data with columns for BP, ACR, Lipid Lowering Therapy, and Total cholesterol.

5. Click on **Patient List** on the top right-hand side of the screen.



6. Click on **Export to Excel** and save it as an Excel file.



