

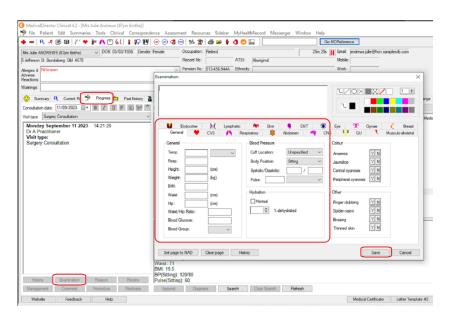
Medical Director – Data Cleansing

Height, Weight, Waist, BMI, BP

There are three (3) options for documenting Observations/Measurements:

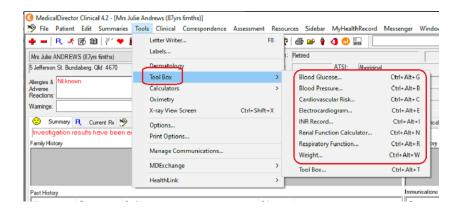
Option 1.

1. On Patient's Progress section, select Examination, enter measurements then Save.



Option 2.

Open Patient file, click on Tools, then select Tool Box.
 You can access both Blood Pressure and Weight sections via the Tool Box.







Option 3.

1. Open Patient File and click on the Scales Icon.

🗿 MedicalDirector Clinical 4.2 - [Mrs Julie Andrews (87yrs 6mths)] 🄊 File Patient Edit Summaries Tools Clinical Correspondence Assess	ment Resources Sidebar	MyHealthReco
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Mrs Julie ANDREWS (87/rs 6mths) V DOB: 03/03/1936 Gender: Female	Occupation: Retired	
5 Jefferson St. Bundaberg, Qld 4670	Record No:	ATSI: Abori
Allergies & Nil known	Pension No: 513-456-944A	Ethnicity:
Adverse Reactions:	Smoking Hx: Never smoked	I HI No:
Wamings:	_ МуНе	alth Record:

2. Select Weight, enter patient's height, weight, waist, and BMI measurements then Save.

ol Box						>
					We	ight Calculator
Date: 11/09/2023 V	Time: 2:43:41 PM	Gender: Female	\sim	Age: 87	Height: 160	Patient ID: 17
Blood Glucose Blood Pre		INR Renal Fun	ction Respir	ratory Weight	n -	
iood Glucose blood Fre	ssure CV hisk ECG	inn nenairun	cuon Nespi	ratory		Data Graph
Current Measurements		View: All				
		view. All		`		
Height:	160 (cm)	Date	Time	Туре	Value	^
Weight:	(kg)	04/05/2011	15:35:00	Waist	71	
reign.	1 (19)				160	
BMI:		22/10/2011	13:35:00	Height		
		22/10/2011	13:35:00	Weight	47.2	
BMI: Waist:	(cm)	22/10/2011 22/10/2011	13:35:00 13:35:00	Weight BMI	47.2 16	
	(cm)	22/10/2011 22/10/2011 22/10/2011	13:35:00 13:35:00 13:35:00	Weight BMI Waist	47.2 16 71	
Waist: Hip:		22/10/2011 22/10/2011 22/10/2011 30/03/2012	13:35:00 13:35:00 13:35:00 13:35:00 15:36:02	Weight BMI Waist Height	47.2 16 71 160	
Waist:		22/10/2011 22/10/2011 22/10/2011	13:35:00 13:35:00 13:35:00	Weight BMI Waist	47.2 16 71	
Waist: Hip:		22/10/2011 22/10/2011 22/10/2011 30/03/2012 30/03/2012	13:35:00 13:35:00 13:35:00 15:36:02 15:36:02	Weight BMI Waist Height Weight	47.2 16 71 160 50	
Waist: Hip: Waist/Hip Ratio:		22/10/2011 22/10/2011 22/10/2011 30/03/2012 30/03/2012 30/03/2012	13:35:00 13:35:00 13:35:00 15:36:02 15:36:02 15:36:02 15:36:02	Weight BMI Waist Height Weight BMI Waist	47.2 16 71 160 50 19.5	
Waist: Hip: Waist/Hip Ratio:	(cm)	22/10/2011 22/10/2011 22/10/2011 30/03/2012 30/03/2012 30/03/2012 30/03/2012	13:35:00 13:35:00 13:35:00 15:36:02 15:36:02 15:36:02 15:36:02	Weight BMI Waist Height Weight BMI	47.2 16 71 160 50 19.5 71	

3. Open the **Blood Pressure** tab and enter patient's Blood Pressure then select **Save**.

pol Box								
						В	lood I	ressure
Date: 11/09/2023 ∨ Time: 2:45:33 PM 主	Ge	nder: Female	~	Age: 87	Height	160	Patient II): 17
Blood Glucose Blood Pressure CV Risk ECG	INR	Renal Fun	ction Res	piratory We	ght			
Device Manual							Data	Graph
Current Measurements		View: All			\sim			
Blood Pressure								
Cuff Location: Unspecified ~	- 1	Date	Time	Location	Туре	BP	Pulse	Rhythi ^
	- 1	16/04/2008	15:28:41	Unspecif	Sitting	120/70	60	
Systolic / Diastolic Pulse	_	14/01/2009	08:31:00	Unspecif	Sitting	141/87	67	
Sitting:	\sim	26/03/2009	15:31:19	Unspecif	Sitting	130/85	62	
Standing:	~	20/09/2009	11:42:00	Unspecif	Sitting	160/99		
	*	01/11/2009	10:49:00	Unspecif	Sitting	137/90	61	
Lying:	\sim	07/04/2010	15:33:19	Unspecif	Sitting	120/80	60	
		17/07/2010	11:29:00	Unspecif	Sitting	130/90		
•		04/09/2010	10:19:00	Unspecif	Sitting	110/60	60	

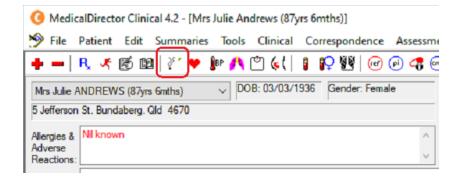


Smoking and Alcohol

There are two (2) options for recording smoking and alcohol details:

Option 1.

1. Click on Smoking icon



2. You can access both Smoking and Alcohol sections.

nt Details	5							
. Details	Allergies/Adverse R	eactions/Warnings	Family/Social Hx N	otes Smoking Alcohol Per	sonal Details			
	Date of assessment:			Date	Time	Smoker	Number of Cigarettes	
	Smoker:	Never smoked	\sim	24/11/2020	15:47:42	Never smoked	0	
	Frequency:		~					
	Number of cigarettes:	0						
	Year commenced:		uration:					
Stage of	change assessment:							
	Last quit attempt:		□ √ Never/Uni	Known Comments:			De	elete
Duration		11/09/2023	Never/Un	known Comments.				
	of longest period of al			~				
Smok	ing cessation interver	tion discussed with	patient					
	ient Education Leafle		New Asse					
Jurrently d	lisplaying data from as	sessment performed	d on . Click 'New Assess	sment'to conduct a new assess	ment.			
1. 1	dress for all family me	mhom						

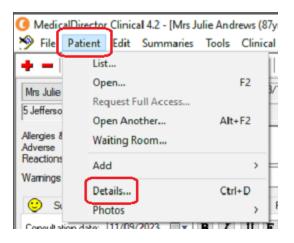


Date of assessment: 12/	04/2005		Date	Time	Score	Concerns	Comments
Audit-C Assessment			12/04/2005	00:00:00	0	Don't know	No
1. How often do you hav	ve a drink containing alcohol?						
Never	 Monthly or less 	2-4 times a month					
2-3 times a week	4 or more times a week						
2. How many standard d	drinks containing alcohol do you	u have on a typical day?					
1 or 2	3 or 4	○ 5 or 6					
07 to 9	10 or more						
3. How often do you hav	ve six or more drinks on one oc	casion?					Delete
O Never	C Less than monthly	O Monthly					Delete
O Weekly	 Daily or almost daily 		Comments				
ptimal for identifying haza	re and in women a score of 3 o ardous drinking or active alcoho h risks from drinking alcohol pro	use disorders. The					
Yes	No	O Don't know					
View Alcohol Guidelines	Reference	New Assessment					
Currently displaying data fr	rom assessment performed on 1	2/04/2005. Click. 'New Assess	ment'to conduct a	new assessme	nt.		

3. Enter details and click Save.

Option 2.

1. The Smoking and Alcohol tabs can be accessed on the Patient Details screen.



2. OR by double clicking anywhere on patient details at the top part of the patient screen.

() Medical	Director C	linical 4	4.2 - [Mrs J	ulie Andı	rews (87yr	rs 6rmt	ths)]													
🦻 File 🛛	Patient E	dit Su	ummaries	Tools	Clinical	Cor	responde	ence	Assessn	nent R	lesourc	es Sideba	r MyH	lealth	Record	Messenger	Window	Help		
+ -	R, 🧏 🕅	5 📭	∛ * ♥ (BP 八 (") 🌢 🖱	1	0 🖉	(ef) (P) 🖪 (oo 😒	<u>\$</u>	a 🖻 🕯	0	1	9			G	o MDRefe	rence
Mrs Julie A	NDREWS ((87yrs 6r	nths)	~ D0	B: 03/03/1	936	Gender:	Female	e	Occup	ation :	Retired						51m 37s	Ema	l: andrev
5 Jefferson	St. Bundab	erg. Qld	4670							Record	d No:		ATS	SI:	Aborigina	I			Mob	le.
Allergies &	Nil known								^	Pensio	n No:	513-456-944/	A Ethr	nicity:					Wor	c
Adverse Reactions:									~	Smokir	ng Hx:	Never smoke	d IHII	No:					Hom	e:
Warnings:										_		MyH	ealth Red	cord:						Rec