

WESTERN SYDNEY DIABETES

MASTERCLASS SERIES 2023



FACE TO FACE SESSIONS

The Masterclass 2023 is for general practitioners, nurses, pharmacists, dietitians, exercise physiologists, psychologists, podiatrists and diabetes educators.



SAVE THE DATE: Saturday Oct 21 for **FACE-TO-FACE SESSIONS**
at PARKROYAL Parramatta, 30 Phillip St: 9.30am-4pm



REGISTER NOW

<https://rego.interact.technology/wsdmasterclass2023facetoface/#!/main>

The series is facilitated by Western Sydney Diabetes (WSD), Agency for Clinical Innovation (ACI), Diabetes, Obesity Metabolism Translational Research Unit (DOMTRU), Western Sydney LHD/PHN, Hunter New England LHD/PHN, Nepean Blue Mountains LHD/PHN and South Western Sydney LHD/PHN.

If you have any issues registering onto the platform, please email:

WSLHD-WSDiabetes@health.nsw.gov.au

Visit myINTERACT to learn more from our pharmaceutical sponsors and partners and what they have to offer. Grab the chance to meet them in person at their information booths on the day.


www.westernsydneydiabetes.com.au

Thank you to our 2023 partners



- Western Sydney LHD
- South Western Sydney LHD
- Nepean Blue Mountains LHD
- Hunter New England LHD
- ACI - Agency for Clinical Innovation

REGISTRATION – 8.30AM-9.30AM

INTRODUCTION & KEYNOTE – BALLROOM	9.30AM	<p>Unleashing the Power of AI: Chronic Disease Management</p>  <p>Prof Clara Chow Cardiologist, Professor of Medicine, Faculty of Medicine and Health, Academic Director of the Westmead Applied Research Centre (WARC) and Academic Co-Director of CPC (Charles Perkins Centre) Westmead, WSLHD.</p>			
SESSION 1	10AM	CGM	Prevention	Type 1 DM	Medicare reform
NETWORKING/TRADE DISPLAYS – 11AM					
SESSION 2	11.30AM	CGM	Prevention	Type 1 DM	Medicare reform
LUNCH (PROVIDED) – 12.30PM					
SESSION 3	1.30PM	Foot Care	Nutrition	Injectables	Health literacy
NETWORKING/TRADE DISPLAYS – 2.30PM					
SESSION 4	3PM	Foot Care	Nutrition	Injectables	Health literacy
END OF PROGRAM – 4PM					

SESSIONS 1 & 2 – 10am & 11.30am

What is the Hype About Continuous Glucose Monitors (CGM)?

DISCUSSION TOPICS:

- Learn how to use CGM in various clinical settings
- Understand how to interpret blood glucose trends, and
- Provide effective diagnostic, education, and management insights into glycaemic patterns.

**Victoria Silvestro**

Senior Clinical Dietitian, Western Sydney Diabetes, WSLHD

**Ana Murugesan**

Nurse Practitioner, Western Sydney Diabetes, WSLHD

**Dr Rajini Jayaballa**

Staff Specialist Endocrinologist and Clinical lead, Western Sydney Diabetes, WSLHD

**Sian Bramwell**

Credentialed Diabetes Educator, Western Sydney Diabetes, WSLHD

**Bronwyn Blair**

RN, Riverstone Family Medical Practice

**David Cheng**

National Sales Manager, Abbott Diabetes Care

**Paul Walker**

Head of Sales Abbott Diabetes Care

SESSIONS 1 & 2 – 10am & 11.30am

How Do We Manage Type 1 Diabetes at a GP Practice?

DISCUSSION TOPICS:

- What patients want you to know
- What specialists would like you to know
- How we can all work together to support patients.

**A/Prof Tien-Ming Hng**

Head, Diabetes and Endocrinology, Blacktown Mt Druitt Hospital, WSLHD

SESSIONS 1 & 2 – 10am & 11.30am

Why is Weight Loss Important for Diabetes?

DISCUSSION TOPICS:

- Why is early detection important?
- Learn more about the *No Money No Time*
- How to talk about weight
- Western Sydney Changing Diabetes' *Lose 2kg – Beating Diabetes Together* campaign.



Jaybee Serrano

RN, Credentialed Diabetes Educator, Western Sydney Diabetes, WSLHD



Ummul Mahfuza

Endocrine Advanced Trainee, Western Sydney Diabetes, WSLHD



A/Prof Evelyn Smith

Associate Professor in Clinical Psychology, Western Sydney University



Janine Dawson

Prevention Manager, Western Sydney Diabetes, WSLHD

SESSIONS 1 & 2 – 10am & 11.30am

Is Diabetes Management Changing with Medicare Reform?

DISCUSSION TOPICS:

- Digital Innovation Meets Connected Diabetes Care: During Medicare Reform
- What are the opportunities to change our model of care?



Dr Kean Seng Lim

GP, Mt Druitt Medical Centre, Co-Founder of CareMonitor



Jane Assange

Director, Primary Care Transformation and Integration, WentWest, WSPHN



Prof Glen Maberly

Director, Western Sydney Diabetes, WSLHD

SESSIONS 3 & 4 – 1.30pm & 3pm

Why is the Team Approach Important for Meal Replacement Therapy?

DISCUSSION TOPICS:

- Why, when and how to use very low caloric diet in patients with type 2 diabetes.
- Why Dietitians, Diabetes Educators, GPs and Endocrinologists need to be part of the team.
- Case Studies

**Dr Ummul Mahfuza**

Endocrine Advanced Trainee, Western Sydney Diabetes, WSLHD

**Victoria Silvestro**

Senior Clinical Dietitian, Western Sydney Diabetes, WSLHD

**Dr Xi May Zhen**

Endocrinology Staff Specialist, Clinical Lead, Blacktown Metabolic and Weight Loss Program, WSLHD

SESSIONS 3 & 4 – 1.30pm & 3pm

Why is Health Literacy Important to Diabetes?

DISCUSSION TOPICS:

- Why is health literacy important when managing diabetes?
- How can we simplify communication?
- How can we support self-management?

**Dr Julie Ayre**

Behavioural Scientist, Sydney Health Literacy Lab, University of Sydney

**Dr Carissa Bonner**

Deputy Director, Sydney Health Literacy Lab, University of Sydney

**Jaybee Serrano**

Credentialed Diabetes Educator, Western Sydney Diabetes, WSLHD

**Sumathy Ravi**

Program Manager, Western Sydney Diabetes, WSLHD

SESSIONS 3 & 4 – 1.30pm & 3pm

Sole Therapy: How Do We Manage High Risk Foot Care in Diabetes?

DISCUSSION TOPICS:

- How can GPs, Practice Nurses and podiatrists manage high risk feet?
- How can you link up with Specialist Services?



Clare McGloin

Senior podiatrist, High Risk Foot Service, Blacktown Hospital, WSLHD



Jessica Shehata

Senior Podiatrist, High Risk Foot Service, Blacktown Hospital, WSLHD



Dr Rajini Jayaballa

Staff Specialist Endocrinologist and Clinical lead, Western Sydney Diabetes, WSLHD

SESSIONS 3 & 4 – 1.30pm & 3pm

Let's Talk About Injections

DISCUSSION TOPICS:

- Injectable Diabetes Therapy
- Injection Technique
- Vaccination in diabetes



Dr Mani Manoharan

Endocrinologist and Community Diabetes Lead, SWSLHD



Sian Bramwell

Credentialed Diabetes Educator, Western Sydney Diabetes, WSLHD



Dr Divya Namboodiri

Endocrinologist, Western Sydney Diabetes, WSLHD



Helen Dick

Research & Virtual Care Support Nurse, Western Sydney Diabetes, WSLHD



Kylie Foley

Credentialed Diabetes Educator, Hills Family General Practice



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MASTERCLASS SERIES 2023

Masterclass 2023 Series program coordinators:

Lead: **Dr Ummul Mahfuza**, Endocrine Advanced Trainee, WSD, WSLHD

Administration: **Sadhna Singh**, Administration Officer, WSD, WSLHD

Communications: **Heloise Tolar**, eEngagement and Education Manager, WSD, WSLHD

Sponsorship and Partners: **Sumathy Ravi**, Program Manager WSD, WSLHD

Technical Support: **Lei Calma**, NADC

Western Sydney Diabetes Team: **Prof Glen Maberly**, Director; **Dr Rajini Jayaballa**, Endocrinologist; **Janine Dawson**, Diabetes Prevention Manager; **Sian Bramwell**, RN CDE Community Diabetes Nurse Consultant; **Jaybee Serrano**, RN CDE Community Diabetes Nurse Consultant; and **Victoria Silvestro**, Senior Clinical Dietitian.

Complete a feedback form from each session to receive a Certificate of Attendance session and claim CPD points. Head to myINTERACT and click on 'Event' to access the feedback forms.

Please visit the myINTERACT app to access the WSD Resource Library.

"This is my first time attending a Masterclass Diabetes series and it did not disappoint! From the registration process, the topics and outline of the talks, the presenters, and the vendors, everything went smoothly and professionally done. I have definitely learnt a lot during the Masterclass series as I have just recently returned to primary care nursing after working so many years in an Ophthalmic setting. I felt I gained such a good knowledge and understanding to better care for my patients. I would highly recommend this Masterclass series!"

- **Asih Andayani, RN, WSLHD**

Feedback from the Western Sydney Diabetes Masterclass 2022

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Thank you to our 2023 sponsors

