

## POLAR Walkthrough

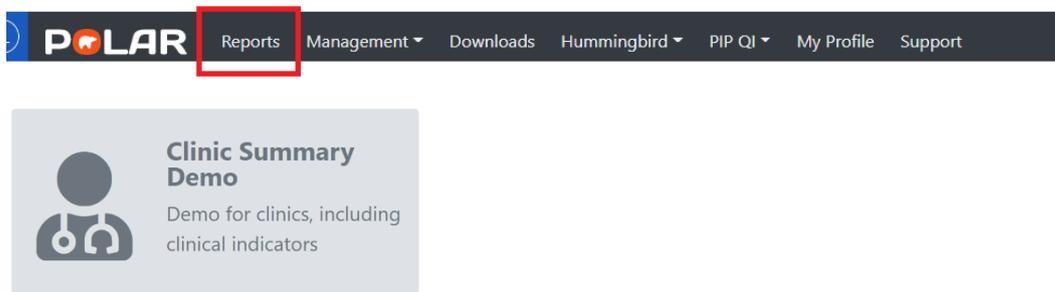
### Identify Patients 70+ never had a Dexa Scan

Patient cohort:

- Practice Active & RACGP Active (visit practice at least 3 times in 2 years) (Step 2)
- Aged 70 and older (Step 3)
- Never had a DEXA scan (Step 4)

**Note: Patient cohort can be modified by adding or removing steps according to the need of your practice.**

1. Log in to **POLAR** > Click **Reports** > Click **Clinic Summary**



2. Click **RACGP & Practice Active Patients**

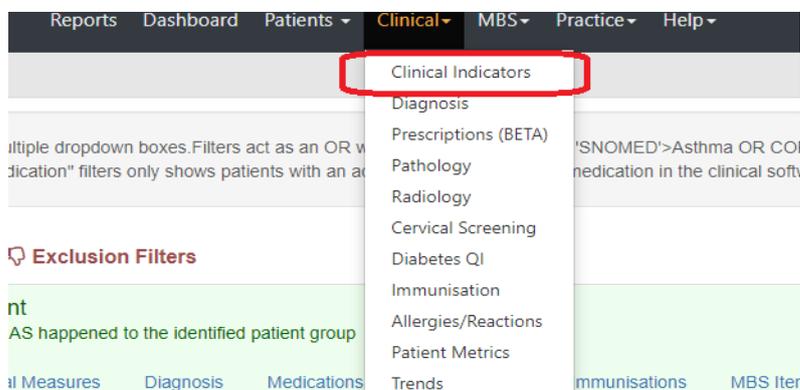
RACGP & Practice Active Patients

CURRENTLY SELECTED



3. **Aged 70 and older**

- 3.1 Click on **Clinical** from top menu and select **Clinical indicator** from drop down page.



3.2 In the Inclusion Filters select the **Age Band** > drop down list and select all **age bands from 70+ >Apply** 

 Inclusion Filters  Exclusion Filters

**Inclusion Filters Content**  
This section filters for what HAS happened to the identified patient group

Demographics	Clinical Measures	Diagnosis	Medications	Test & Imaging	Immunisations	MBS Items	Risk
<b>Patient Status</b> RACGP Active Active <input checked="" type="checkbox"/> Inactive <input type="checkbox"/> Location Polar Gender Transgender Not Available No Sexuality Unknown Not Specified Heterosexual	<b>Pregnant</b> Yes	<b>Pension Status</b> Commonwealth Seniors ... Health Care Card Not Specified Pensioner Concession C... Pensioner/HCC	<b>Age Drilldown (Y...</b> 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85	<b>Post Code</b> 3125 3130 3131 3133 3149 3150 3151	<b>Age Band</b> Search in listbox 25 - 29 30 - 34 35 - 39 40 - 44 45 - 49 50 - 54 55 - 59 60 - 64 65 - 69 <b>70 - 74</b> <input checked="" type="checkbox"/> <b>75 - 79</b> <input checked="" type="checkbox"/> <b>80 - 84</b> <input checked="" type="checkbox"/> <b>85+</b> <input checked="" type="checkbox"/> Not Specified		

#### 4 Never had a Dexa scan

4.1 Click into the **Exclusion Filters** > then click into **Tests & Imaging** > in **Radiology** search for **“DEXA”** and press **Enter> Apply** 

 Exclusion Filters

Content that HAS NOT happened to the identified patient group

Clinical Measures	Diagnosis	Medications	Test & Imaging	Immunisations	MBS Items	Risk
<b>Pathology Group</b> FBC LFT UREA ELECTROLYTES CREATININE LIPIDS Unmapped CALCIUM AND PHOSPHATE IRON STUDIES UREA AND ELECTROLYTES GLUCOSE (EXC HBA1C) GLOBULINS THYROID FUNCTION URINE CHEMISTRY HBA1C EGFR URIC ACID INFLAMMATORY MARKERS VITAMIN D	<b>Pathology Test Name</b> SERUM CHEMISTRY (MBA-0) HAEMATOLOGY (FBE-0) GLUCOSE (GLU-0) LIPID STUDIES GLUCOSE LIPID STUDIES (LIP-0) MULTIPLE BIOCHEM ANALYSIS BIOCHEMISTRY HAEMATOLOGY GENERAL THYROID FUNCTION TEST (TFT-0) THYROID FUNCTION MANUAL ENTRY IRON STUDIES (FE-0) GLYCATED HB HAEMATOLOGY VIT D(S) IRON STUDIES	<b>Pathology Result Name</b> 25 OH VITAMIN D 25-HYDROXY VITAMIN D ACTH ACTIVE B12 ACTIVE VITAMIN B12 ADJUSTED CALCIUM ALANINE AMINOTRANSFERASE ALANINE TRANSAMINASE ALBUMIN ALBUMIN CONCENTRATION ALBUMIN/CREATININE RATIO ALK PHOS ALKALINE PHOSPHAT. ALKALINE PHOSPHATASE ALP ALPHA-FETOPROTEIN ALT	<b>Radiology</b> DEXA - 12386 <input checked="" type="checkbox"/> DEXA - PRESUMPTIVE OR KNOWN OSTEOP... <input checked="" type="checkbox"/> DEXA - FOR SPECIFIC CLINICAL CONDITIO... <input checked="" type="checkbox"/> DEXA - MONITORING 2 YEARS(BF055) <input checked="" type="checkbox"/> DEXA - OVER 70 INITIAL STUDY OR AT-SCOR... <input checked="" type="checkbox"/> DEXA <input checked="" type="checkbox"/> DEXA - 2 YEARS(BF025) <input checked="" type="checkbox"/> DEXA - PRESUMPTIVE OR KNOWN OSTEOP... <input checked="" type="checkbox"/> DEXA - OVER 70 INITIAL STUDY OR AT-SCOR... <input checked="" type="checkbox"/> DEXA SCAN - NON REBATABLE <input checked="" type="checkbox"/> DEXA - 70 YEARS OR OVER (INITIAL OR T-70... <input checked="" type="checkbox"/> DEXA - 12 MONTHS(BF045) <input checked="" type="checkbox"/> DEXA - GLUCOCORTICOID THERAPY/HYPOE... <input checked="" type="checkbox"/> DEXA - FOR SPECIFIC CLINICAL CONDITIONS <input checked="" type="checkbox"/> DEXA BONE DENSITOMETRY (BF025) <input checked="" type="checkbox"/> DEXA - 70 YEARS OR OVER (INITIAL OR T-70... <input checked="" type="checkbox"/> DEXA SCAN <input checked="" type="checkbox"/>			

4.2 Click again into **Tests & Imaging** > in **Radiology** search for “DENS” and press **Enter**> Apply 



5. Click **Patient List** located on the top right-hand side of the page



6. Click on **Export to Excel** and save as an Excel file



For any further assistance in using POLAR, please contact your HSI officer or email to [hsisupport@swsphn.com.au](mailto:hsisupport@swsphn.com.au)