

# Early Intervention – Where and How to Refer



**STRONGER SEEDS, TALLER TREES**  
Increasing early supports to improve child outcomes

Developmental Concern	Service Provider	Contact Details	
<ul style="list-style-type: none"> <li>• Communication</li> <li>• Feeding</li> </ul>	Speech Pathology	<b>Liverpool</b>	<b>Rainbow Cottage</b> Phone: 9616 4405 Email: <a href="mailto:SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au">SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au</a>
		<b>Fairfield</b>	<b>Fairfield Community Health Centre</b> <b>Cabramatta Community Health Centre</b> Phone: 9794 1739 Email: <a href="mailto:SWSLHD-FairfieldCHSpeechPathology@health.nsw.gov.au">SWSLHD-FairfieldCHSpeechPathology@health.nsw.gov.au</a>
		<b>Bankstown</b>	<b>Bankstown Community Health Centre</b> Phone: 9780 2777 (ask for Child & Family intake) Email: <a href="mailto:SWSLHD-BankstownCHSpeechPathology@health.nsw.gov.au">SWSLHD-BankstownCHSpeechPathology@health.nsw.gov.au</a>
		<b>Macarthur</b>	<b>Narellan Community Health Centre</b> <b>Rosemeadow Community Health Centre</b> <b>Ingleburn Community Health Centre</b> <b>Wollondilly Community Health Centre</b> Phone: 4633 4133 Email: <a href="mailto:SWSLHD-MacarthurSpeechPathology@health.nsw.gov.au">SWSLHD-MacarthurSpeechPathology@health.nsw.gov.au</a>
		<b>Macarthur</b> *Complex multidisciplinary needs	<b>Paediatric Allied Health Unit (PAHU)</b> Phone: 4634 3580 & 0408662782 Email: <a href="mailto:SWSLHD-Campbelltown-PaedSpeech@health.nsw.gov.au">SWSLHD-Campbelltown-PaedSpeech@health.nsw.gov.au</a>
<ul style="list-style-type: none"> <li>• Fine motor skills</li> <li>• Sensory processing</li> <li>• Play</li> <li>• Self-help skills</li> </ul>	Occupational Therapy	<b>Liverpool</b>	<b>Rainbow Cottage</b> Phone: 9616 4405 Email: <a href="mailto:SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au">SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au</a>
		<b>Fairfield</b>	<b>Fairfield Community Health Centre</b> <b>Cabramatta Community Health Centre</b> Phone: 9794 1700
		<b>Bankstown</b>	<b>Bankstown Community Health Centre</b> Phone: 9780 2777 (ask for Child & Family intake)
		<b>Macarthur</b>	<b>Wollondilly Community Health Centre</b> Phone: 4683 6019 <b>Camden Local Government Area</b> Phone: 4633 4105 <b>Campbelltown Local Government Area</b> Phone: 4633 0500
		<b>Macarthur</b> *Complex multidisciplinary needs	<b>Paediatric Allied Health Unit (PAHU)</b> Phone: 4634 3580
<ul style="list-style-type: none"> <li>• Gross motor skills</li> </ul>	Physiotherapy	<b>Liverpool</b>	<b>Rainbow Cottage</b> Phone: 9616 4405 Email: <a href="mailto:SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au">SWSLHD-LiverpoolRainbowCottage@health.nsw.gov.au</a>
		<b>Bankstown</b>	<b>Bankstown Community Health Centre</b> Phone: 9780 2777 (ask for Child & Family intake)
		<b>Macarthur</b> *Complex multidisciplinary needs	<b>Paediatric Allied Health Unit (PAHU)</b> Phone: 4634 3580

<ul style="list-style-type: none"> <li>• Weight</li> <li>• Nutrition</li> </ul>	Dietetics	<b>Liverpool, Bankstown &amp; Fairfield</b>	<u><b>Early Childhood Community Nutritionist</b></u> Phone: 9780 2838 Email: <a href="mailto:SWSLHD-NutritionEarlyChildhoodBFL@health.nsw.gov.au">SWSLHD-NutritionEarlyChildhoodBFL@health.nsw.gov.au</a>
<ul style="list-style-type: none"> <li>• Social &amp; emotional wellbeing</li> <li>• Behaviour</li> </ul>	Mental Health – Psychology & Counselling	<b>Camden, Campbelltown, Wingecarribee &amp; Wollondilly</b>	Phone: 4633 4179 Email: <a href="mailto:SWSLHD-NutritionEarlyChildhoodMW@health.nsw.gov.au">SWSLHD-NutritionEarlyChildhoodMW@health.nsw.gov.au</a>
		<p><b><u>SWSPHN STAR4Kids</u></b>  Ages 3-12 years  Free psychological therapies to children with, or at risk of, developing mild to moderate mental illness, including depressive, anxiety or stress disorders, with barriers to accessing Better Access (Medicare).  South Western Sydney Central Intake Phone: 1300 797 746  Online Referral Form: <a href="https://phnswsws.redicase.com.au/#!/referral/create">https://phnswsws.redicase.com.au/#!/referral/create</a></p> <p><b><u>Karitane</u></b>  Ages 0-5 years  South Western Sydney Intake Phone: 9794 2350  Online Referral Form: <a href="https://www.karitane.com.au/referral">https://www.karitane.com.au/referral</a></p> <p><b><u>Child &amp; Family Psychology</u></b>  Ages 0-12 years  South Western Sydney Central Intake Phone: 8788 4200</p> <p><b><u>Perinatal &amp; Infant Mental Health Services</u></b></p> <ul style="list-style-type: none"> <li>• <b>Bankstown, Liverpool &amp; Fairfield</b>  Phone: 9616 4251</li> <li>• <b>Campbelltown, Wollondilly &amp; Wingecarribee</b>  Phone: 4621 5000</li> </ul> <p><b><u>Infant, Child &amp; Adolescent Mental Health Services (ICAMHS)</u></b>  Assessment and intervention for children, young people and their families, who have complex or moderate to severe mental health problems and consultation about assessment and management of children with mental health problems to schools, hospitals in the LGA and general practitioners.</p> <ul style="list-style-type: none"> <li>• <b>Liverpool &amp; Fairfield</b>  Phone: 9827 8011 &amp; 8717 1700  Referral Form: <a href="http://www.icamhs.com.au/pdf/CAMHS-LivFRF.pdf">http://www.icamhs.com.au/pdf/CAMHS-LivFRF.pdf</a></li> <li>• <b>Bankstown</b>  Phone: 9780 2777  Referral Form: <a href="http://www.icamhs.com.au/pdf/camhs-referral-form.pdf">http://www.icamhs.com.au/pdf/camhs-referral-form.pdf</a></li> <li>• <b>Macarthur &amp; Campbelltown</b>  Phone: 4621 5000  Referral Form: <a href="http://www.icamhs.com.au/pdf/CAMHS_CCQ.pdf">http://www.icamhs.com.au/pdf/CAMHS_CCQ.pdf</a></li> </ul> <p><b><u>Family Mental Health Support Services</u></b></p> <ul style="list-style-type: none"> <li>• <b>Liverpool:</b> Mission Australia – Happy Healthy Minds  Phone: 9732 6500</li> <li>• <b>Fairfield:</b> Woodville Alliance  Phone: 9724 3807</li> <li>• <b>Bankstown:</b> Break Thru People Solutions  Phone: 8700 1400</li> <li>• <b>Campbelltown:</b> The Benevolent Society  Phone: 1800 236 762</li> </ul>	

		<b>NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS)</b> Phone: 9646 6800 Online Referral Form: <a href="https://www.startts.org.au/services/make-a-referral/">https://www.startts.org.au/services/make-a-referral/</a>
Hearing	Audiometry	<ul style="list-style-type: none"> <li>• <b>Fairfield Community Health Centre</b> Phone: 9794 1700</li> <li>• <b>Hoxton Park Community Health Centre</b> Phone: 9794 0222</li> <li>• <b>Ingleburn Early Childhood Centre</b> Phone: 8788 4200</li> <li>• <b>Narellan Community Health Centre</b> Phone: 4633 0500</li> <li>• <b>Wollondilly Community Health Centre</b> Phone: 4633 0000</li> <li>• <b>Wingecarribee Community Health Centre</b> Phone: 4861 8000</li> </ul>
Monitoring global development	Child & Family Health Nurse	Community Health Centres (as above)

## If you have significant concerns regarding a child's development:

Complete all 3 referrals below:

**1) Allied Health services**

Public – As above

Private – Please provide families with the relevant Medicare plans to access rebates on private services

**2) Private Developmental Paediatrician**

**3) National Disability Insurance Scheme (NDIS) – Early Childhood Early Intervention (ECEI)**

EACH Central Intake Phone: 1300 003 224

Email: [info@each.com.au](mailto:info@each.com.au)

Website: <https://www.each.com.au/service/early-childhood-early-intervention/>

If a child is over 7 years old, they can access:

- Private Allied Health services (and relevant Medicare plans)
- The National Disability Insurance Scheme (NDIS) if eligible  
<https://www.ndis.gov.au/applying-access-ndis/am-i-eligible>
- Some public Allied Health services – please enquire with local Community Health Centres

## How to find private Allied Health services:

Speech Pathology	<a href="https://www.speechpathologyaustralia.org.au/">https://www.speechpathologyaustralia.org.au/</a>
Occupational Therapy	<a href="https://www.otaus.com.au/find-an-ot">https://www.otaus.com.au/find-an-ot</a>
Physiotherapy	<a href="https://choose.physio/find-a-physio">https://choose.physio/find-a-physio</a>
Dietetics	<a href="https://dietitiansaustralia.org.au/find-an-apd/">https://dietitiansaustralia.org.au/find-an-apd/</a>
Psychology	<a href="https://www.psychology.org.au/Find-a-Psychologist">https://www.psychology.org.au/Find-a-Psychologist</a>

Please contact Meredith Munnoch at [Meredith.Munnoch@health.nsw.gov.au](mailto:Meredith.Munnoch@health.nsw.gov.au) to advise of any errors or updates to information in this document.