

My Care Partners

- ✓ 12-month program for people living with complex and chronic health conditions. For example: diabetes, heart and lung disease
- ✓ Dedicated care team of health professionals working with you to achieve your health and wellness goals
- ✓ Regular check-ins and monitoring supported by your care team
- ✓ Participation is free and voluntary. You can withdraw at any time

If you think you may be eligible for enrolment into My Care Partners, book a consultation with your GP to discuss.



My Care Partners

Shared Vision | Shared Care | Shared Outcomes

Keep on top of your chronic health condition with a team of dedicated health professionals



A team of care providers including your General Practitioner (GP), practice nurses, allied health professionals and a care team work together to help you understand and manage your health condition.



My Care Partners

A South Western Sydney PHN (SWSPHN) and South Western Sydney Local Health District (SWSLHD) collaboration to help patients improve their chronic or complex health conditions and avoid hospitalisation. The program is currently available at select medical practices in South Western Sydney.

South Western Sydney PHN

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phn
SOUTH WESTERN
SYDNEY
An Australian Government Initiative

NSW
GOVERNMENT
Health
South Western Sydney
Local Health District

How My Care Partners works

A dedicated care team led by your GP will work closely with you to:

- ✓ Better understand and manage your health conditions
- ✓ Connect you with services and local support
- ✓ Work with you to reach your health goals

Your GP will arrange case conferences with other health professionals in your care team at key points in the program to discuss how they can best help you with your condition and health goals. You are welcome to attend these conferences, or your GP will let you know what was discussed.

Your health information shared securely with your care team

Your health information will be shared with the care team using secure digital channels. This will help reduce how often you have to share your health information with your care team.

Your privacy is protected. Ask your GP for more information on how your health information will be shared.



My Care Partners benefits

- ✓ Improved coordination of your care
- ✓ Increased communication between your health care providers
- ✓ Support to help you reach your health goals

