



Free support for people living with severe mental health challenges\*



Find out more

Discover how Connector Hub could help you. Find out more on the website:

[www.connectorhub.org.au](http://www.connectorhub.org.au)  
1800 518 216



One Door Mental Health in partnership with Flourish Australia and Stride deliver Connector Hub services in South Western Sydney for SWSPHN



An Australian Government Initiative

Connector Hub is supported by funding from the Australian Government through the PHN Program



A psychosocial support program helping you live the life you want

1800 518 216



## What is Connector Hub?

Imagine if you had someone to support you with the challenges in your life.

Connector Hub provides psychosocial support to help you improve wellbeing and achieve your goals.

This can be supporting you to connect with your community, finding work, education or accommodation and linking you up with services and health professionals to help you.



## Who can access Connector Hub?

Connector Hub can help people who:

- are aged 18+
- live with the challenges living with severe mental health challenges can cause in everyday life
- are not receiving funding under NDIS (National Disability Insurance Scheme)
- live in South Western Sydney local government areas of:
  - Bankstown
  - Campbelltown
  - Camden
  - Fairfield
  - Liverpool
  - Wollondilly
  - Wingecarribee

## What support will I receive?

Connector Hub tailors support to your specific needs.

A recovery support worker and access worker will aim to help you achieve your goals, manage daily tasks, get involved in activities and make connections.

You may receive support with finding work, connecting with your community, or accessing other health professionals.

## What is an access worker?

Access workers are people with lived experience of mental health challenges and recovery. An access worker can use their experience to help you achieve your goals and participate in community life the way you want to.



**Reaching Goals**  
support to reach your education,  
employment & financial goals



**Group Support**  
understanding your  
mental illness & living  
the life you want



**Community Activities**  
connecting people in  
your community



**Linking you with services,**  
supports, recovery groups  
& health professionals

**ndis**

NDIS Testing

## How do I access Connector Hub?

Anyone can refer an eligible person to the program (with their permission) including:

- Self-referral
- Carers, family or friends
- Health professionals

**Refer online and find out more at**  
**[www.connectorhub.org.au](http://www.connectorhub.org.au)**  
or call **1800 518 216**.