



You are not alone.
Safe Haven is here.

Safe Haven Campbelltown

Address:

80 Woodhouse Drive, Ambarvale 2560

Email:

SWSLHD-CampbelltownSafeHaven@health.nsw.gov.au

Phone:

0457 093 109 (during operating hours)

Safe Haven Liverpool

Address:

Bigge Park, Moore Street, Liverpool 2170
(opposite Bus Terminal)

Email:

SWSLHD-LiverpoolSafeHaven@health.nsw.gov.au

Phone:

0499 825 974 (during operating hours)

Open:

Friday, Saturday, Sunday, Monday
12pm to 7:30pm

Website:

<https://www.swslhd.health.nsw.gov.au/SafeHaven>

Need help getting to us? Taxi vouchers are available.



Who is Safe Haven for?

Safe Haven is for anyone experiencing thoughts of suicide. You might be feeling hopeless, like nothing is worthwhile anymore, that there's no point to it all, or that no one would care if you were gone.

Safe Haven is here to help you.

Scan here
for more
information



Safe Haven

Your space, your haven.

Safe Haven Campbelltown and Liverpool provides free, immediate and professional support to people experiencing suicidal crisis or distress in a relaxed and welcoming environment.

Call 000 if you are in immediate danger



“An absolute treasure for our community who are at their most vulnerable. I can’t thank them enough for their help and support through the roughest times in my life.”

Anonymous



Traditionally, in these moments of distress, you would be encouraged to visit your nearest Emergency Department (ED) or another service. However, these types of support are not always what someone needs, and at times, can feel clinical, scary, or stressful.

That’s why we created Safe Haven. It is purposefully designed to feel like your living room, not a clinic. There are no waiting rooms, and it is staffed by people who share common experiences to you. Because of their lived experience, peer workers can provide immediate support in a deep and meaningful way.



What sets us apart?

Our peer workers

Our peer workers are people with their own lived experience of suicidal distress. They bring unique empathy and connection to working with people on a similar journey. They are highly trained and equipped to support you, including developing safety plans and getting you connected with other suitable services if needed. In case of an emergency, they are skilled in managing crisis situations and can fast-track pathways to the ED.

Our staff are friendly, gender diverse and come from a broad range of cultural and language backgrounds. We are respectful of your unique situation, ensuring that you feel understood and supported throughout your visit.



Get support for free.
No Medicare, referrals, or appointments needed. Walk in anytime during our opening hours.

We don’t require your Medicare or any other form of ID when you visit.

Our services can also be accessed anonymously.

What can I expect from a visit?

1. Walk up to the gate and press the buzzer. A peer worker will greet you.
2. You will be asked a couple of questions to make sure Safe Haven is the right service for you. These may include if you require any translation or AUSLAN support.
3. You can choose what you would like to do. You can sit and enjoy some quiet time, or you can choose to talk to a peer worker when you are ready. The choice is yours; the space is yours.
4. If you feel that this is not a good fit for your needs, you can come and go as you please. We can also help you find other suitable services.