



10-week FREE healthy lifestyle program



Go4Fun is a free 10-week healthy lifestyle program for kids between 7-13 years of age who are above a healthy weight, and their families.

The program helps families by teaching them about healthy eating and physical activity through fun games and activities.

For more information or to register, contact 1800 780 900 or visit [go4fun.com.au](http://go4fun.com.au)

## Term 3 2022 Program Locations

Eagle Vale  
Leisure Centre  
Monday  
4.30pm - 6.30pm  
(pool)

Minto PCYC  
Wednesday  
4.30pm - 6.30pm

Mount Annan YMCA  
Saturday  
1pm - 3pm  
(pool)