



10-week FREE healthy lifestyle program



Help your family to get healthy,
active and happy with Go4Fun

Go4Fun is a FREE 10-week healthy lifestyle program for kids aged between 7-13 years, who are above a healthy weight, and their families.

A parent or carer is required to attend each session.

To register, call TAC on 02 4628 4837 or email sewb@tacams.com.au

Tuesdays
4-6pm

Tharawal Aboriginal Corporation
187 Riverside Drive,
Airds NSW 2560.