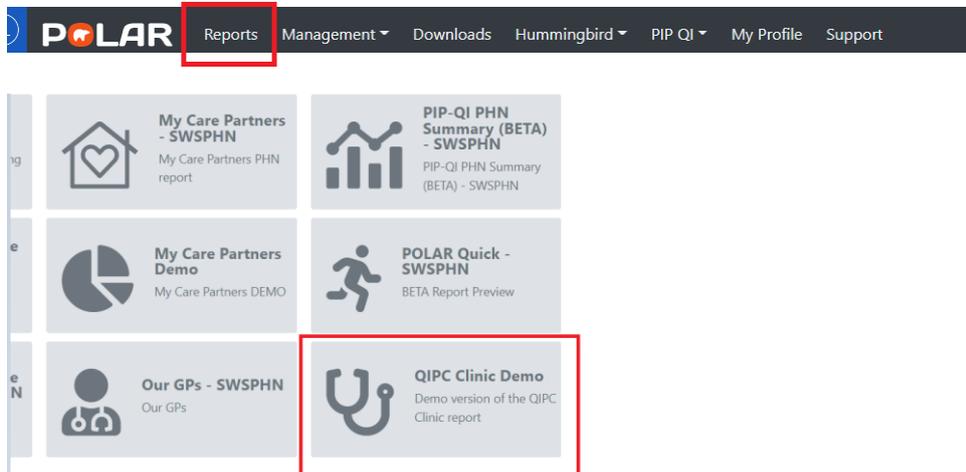


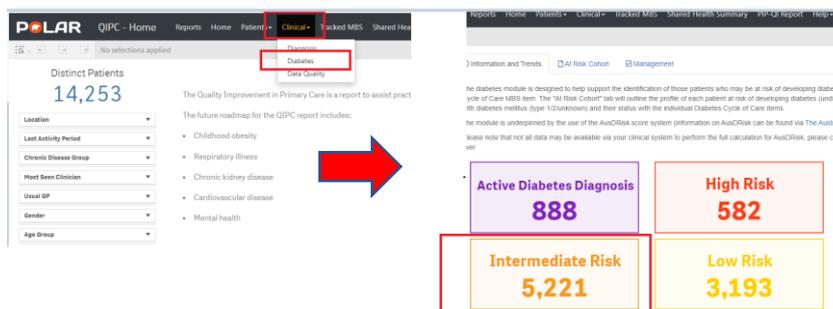
POLAR Walkthrough

Intermediate AUSDRISK score patient with high glucose who has visited more than 10 times in the past 12 months

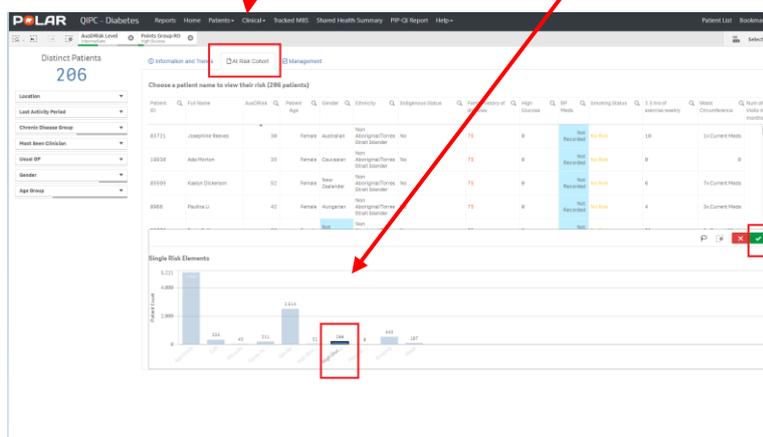
1. Log into POLAR > Click Reports > Click QIPC Clinic Report



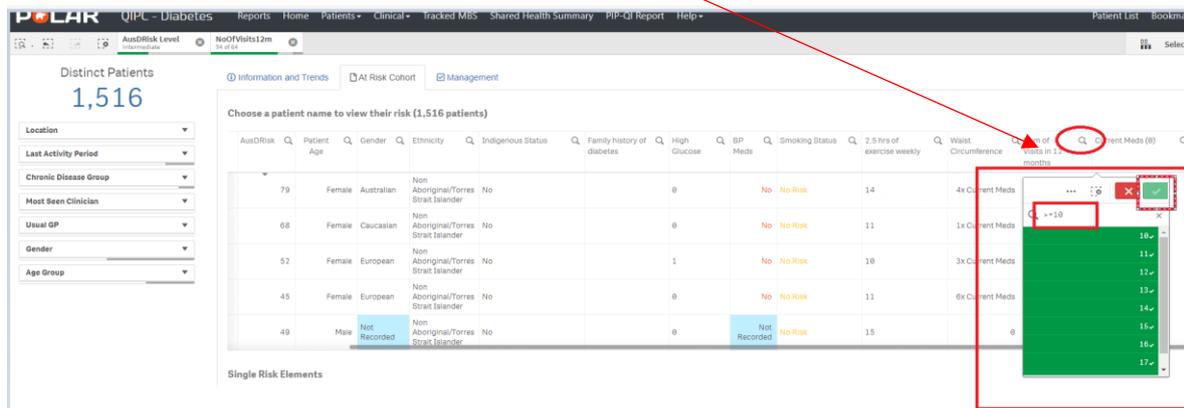
2. Click **Clinical** > select **Diabetes** > Select **Intermediate Risk**



3. Click on **At Risk Cohort** > Go to **Single Risk Element** > Select **High Glucose** > Apply



4. Select **Number of Visits in 12 months** > Type **>=10** > Press **Enter** button > then apply 

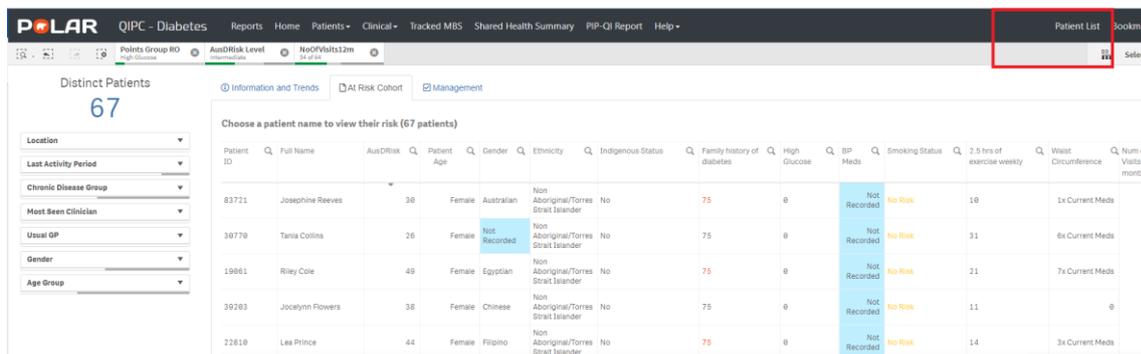


Distinct Patients: 1,516

Choose a patient name to view their risk (1,516 patients)

AusDRisk	Patient Age	Gender	Ethnicity	Indigenous Status	Family history of diabetes	High Glucose	BP Meds	Smoking Status	2.5 hrs of exercise weekly	Waist Circumference	Num of Visits in 12 months	Current Meds (8)
	79	Female	Australian	Non Aboriginal/Torres Strait Islander	No	0	No	No Risk	14	4x Current Meds		
	68	Female	Caucasian	Non Aboriginal/Torres Strait Islander	No	0	No	No Risk	11	1x Current Meds		
	52	Female	European	Non Aboriginal/Torres Strait Islander	No	1	No	No Risk	10	3x Current Meds		
	45	Female	European	Non Aboriginal/Torres Strait Islander	No	0	No	No Risk	11	6x Current Meds		
	49	Male	Not Recorded	Non Aboriginal/Torres Strait Islander	No	0	Not Recorded	No Risk	15	0		

5. Click **Patient List**

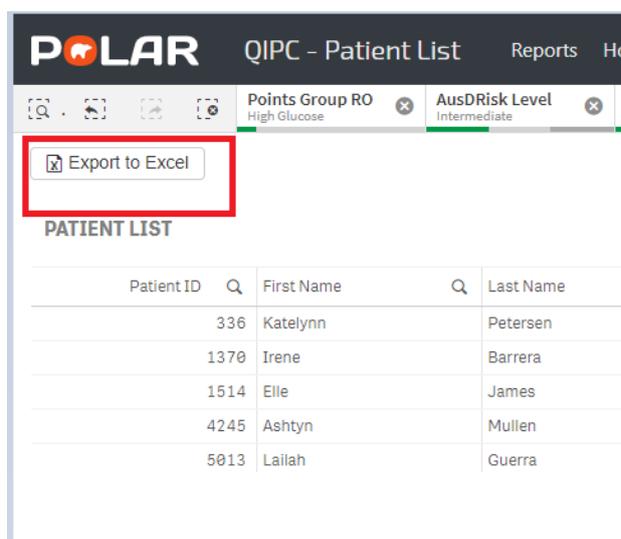


Distinct Patients: 67

Choose a patient name to view their risk (67 patients)

Patient ID	Full Name	AusDRisk	Patient Age	Gender	Ethnicity	Indigenous Status	Family history of diabetes	High Glucose	BP Meds	Smoking Status	2.5 hrs of exercise weekly	Waist Circumference	Num of Visits in 12 months
83721	Josephine Reeves		38	Female	Australian	Non Aboriginal/Torres Strait Islander	No	75	0	Not Recorded	No Risk	10	1x Current Meds
30770	Tania Collins		26	Female	Not Recorded	Non Aboriginal/Torres Strait Islander	No	75	0	Not Recorded	No Risk	31	6x Current Meds
19861	Riley Cole		49	Female	Egyptian	Non Aboriginal/Torres Strait Islander	No	75	0	Not Recorded	No Risk	21	7x Current Meds
30293	Jocelynn Flowers		38	Female	Chinese	Non Aboriginal/Torres Strait Islander	No	75	0	Not Recorded	No Risk	11	0
22810	Lea Prince		44	Female	Filipino	Non Aboriginal/Torres Strait Islander	No	75	0	Not Recorded	No Risk	14	3x Current Meds

6. Click on **Export to Excel** and save as an excel file.



Export to Excel

PATIENT LIST

Patient ID	First Name	Last Name
336	Katelynn	Petersen
1370	Irene	Barrera
1514	Elle	James
4245	Ashtyn	Mullen
5013	Lailah	Guerra