

## SWSPHN Mental Health Central Intake

Enquiries: 1300 797 746 (1300 SWSPHN)

Referrals: Confidential fax line 4623 1796 or

Via Secure Messaging Healthlink (EDI: swsphnmh)

GP REFERRAL FORM			
<b>Referrals cannot be accepted without the patient's signed consent – see reverse PLEASE PRINT CLEARLY</b>			
Date:	GP Name:	Practice Name:	
GP Phone:	GP Fax:	Practice Suburb:	
GP Email:			
Patient Details			
Title:	First Name:	Last Name:	
Address:		Suburb:	Postcode:
Phone: H	DOB:	Male <input type="checkbox"/>	Female <input type="checkbox"/> Other <input type="checkbox"/>
M	Aboriginal <input type="checkbox"/>	Torres Strait Islander <input type="checkbox"/>	Both <input type="checkbox"/> Neither <input type="checkbox"/>
Marital Status:		Past/Relevant History:	
Country of Birth:		Language spoken at home:	
Proficiency in Spoken English:		Medicare Number / Individual Reference Number (IRN):	
Health Care Card:		NDIS participant:	
Source of income:		Housing Status:	
Emergency Contact:			
Name:		Relationship:	Phone:

Thank you for agreeing to see \_\_\_\_\_, who is currently a patient of mine.

- 1) I have assessed their needs and have completed the following Pre-treatment Outcome measure:

Tool	Score
K10+ (people over 12 years)	
K5 (Aboriginals and Torres Strait Islanders only)	
Paediatric Symptom Check (Children only)	

- 2) Prepared an initial Mental Health / Child Treatment Plan  
 3) I have gained consent for this referral from the patient (parent/guardian if child referral)  
 4) I have indicated the service that best fits the current needs of my patient on the reverse.

I request \_\_\_\_\_ as the treating mental health professional for my patient and understand that this MHTP may not have the availability for a timely response (Please refer to website for current list of mental health professionals at <http://www.swsphn.com.au>).

**OR**

I request that my patient be allocated to the most appropriate mental health service/professional by SWSPHN.

<b>STEPPED CARE</b> <i>please tick required service</i>				
Service Need	Indicative K10+ Score and Functional Impairment	Services available		
Emerging or Low Needs	16-25 with no to mild functional impairment	<input type="checkbox"/> <b>New Access (18 years and over - no MHTP required)</b>		
Mild to Moderate Needs  Or  Severe or high needs	26-50 with moderate functional impairment	<p><b>Please tick <u>one</u> option</b></p> <p><b>You in Mind (Eligible target groups, over 12 years of age only)</b></p> <p>Experiencing a mild-moderate mental health issue and identify as <u>one</u> of the following:</p> <p><input type="checkbox"/> Aboriginal &amp; Torres Strait Islander</p> <p><input type="checkbox"/> Culturally &amp; Linguistically Diverse</p> <p><input type="checkbox"/> Disadvantaged areas of Airds, Claymore and 2168 postcode area</p> <p><input type="checkbox"/> Residents of Wollondilly and Wingecarribee</p> <p><input type="checkbox"/> Financial disadvantage</p> <p><input type="checkbox"/> Prenatal and postnatal depression</p> <p><input type="checkbox"/> Older persons mental health (65+)</p> <p><input type="checkbox"/> LGBTIQ+ Community</p> <p><input type="checkbox"/></p> <p><b>Or</b></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/> Experiencing severe or high mental health needs</p> <p><input type="checkbox"/></p>		
Complex and Multiservice Needs	31-50 with <b>high</b> functional impairment	<input type="checkbox"/> <b>Credentialed Mental Health Nurse Service (Complex)</b>		
Psychiatric treatment for people living with severe and persistent mental illness	31-50 with <b>moderate</b> to <b>high</b> functional impairment	<table border="1"> <tr> <td> <input type="checkbox"/> <b>Consultant Psychiatry Service for opinion and report.</b>   <b>A patient psychiatric and health summary, medication summary and past discharge letters is required.</b>   <b>If these documents are not attached, referrals may be declined.</b> </td> <td> <b>Preferred method of delivery</b>  <input type="checkbox"/> Telehealth (any practice, SWS wide)  <input type="checkbox"/> Face to face (at select practices only. Allocation to nearest Hub) </td> </tr> </table>	<input type="checkbox"/> <b>Consultant Psychiatry Service for opinion and report.</b>  <b>A patient psychiatric and health summary, medication summary and past discharge letters is required.</b>  <b>If these documents are not attached, referrals may be declined.</b>	<b>Preferred method of delivery</b> <input type="checkbox"/> Telehealth (any practice, SWS wide) <input type="checkbox"/> Face to face (at select practices only. Allocation to nearest Hub)
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Children 3-12 years	Paediatric Symptom Score ≥ 15	<input type="checkbox"/> <b>STAR4Kids</b>		
Young People 12-25 years	Variable	<input type="checkbox"/> <b>ReFrame (Wollondilly and Wingecarribee)</b> <i>For young People residing in other areas of South Western Sydney refer directly to <u>headspace</u> Bankstown P:9393 9669, Campbelltown P:4627 9089 or Liverpool P:8785 3200.</i>		

Please FAX completed Referral Form and a copy of the GP Mental Health Treatment Plan to  
SWSPHN Central Intake on confidential fax line 4623 1796

Our Mental Health Central Intake clinicians are happy to answer your questions regarding referral and treatment planning on 1300 797 746 (1300 SWS PHN)

I, \_\_\_\_\_, (**patient, parent or guardian** name - please print clearly)

**Consent to this referral and I agree to** information about my mental health being recorded in my medical file and shared between the GP, South Western Sydney PHN Central Intake to assist in the management of my health care and the Mental Health Professional to whom I am referred.

I understand that SWSPHN will provide information that does not identify me, such as the types of I service I receive, to the Department of Health to assist improvement of mental health services in Australia.

I do not consent to sharing of information with the Department of Health

\_\_\_\_\_  
**Signature (patient, parent or guardian):**

\_\_\_\_\_  
**Date**

I (GP) have undertaken an assessment and prepared a Mental Health Treatment Plan / Child Treatment Plan for my patient. I have discussed the proposed referral with my patient and am satisfied that the patient understands the proposed uses and disclosures and has provided their informed consent to these.

\_\_\_\_\_  
**Signature (GP):**

\_\_\_\_\_  
**GP Name**

\_\_\_\_\_  
**Date**