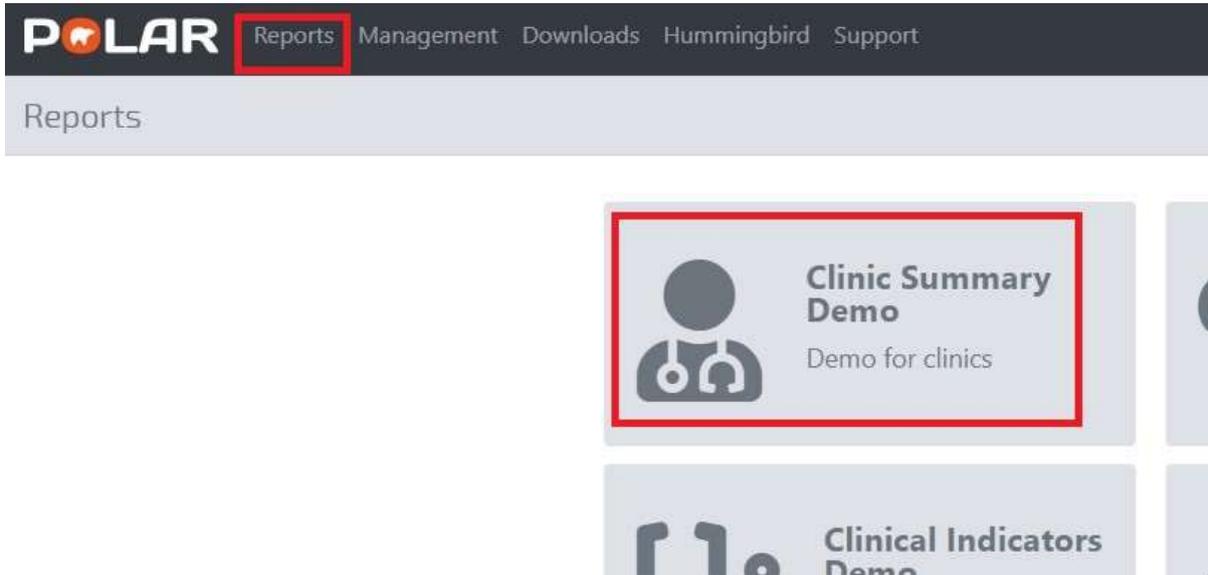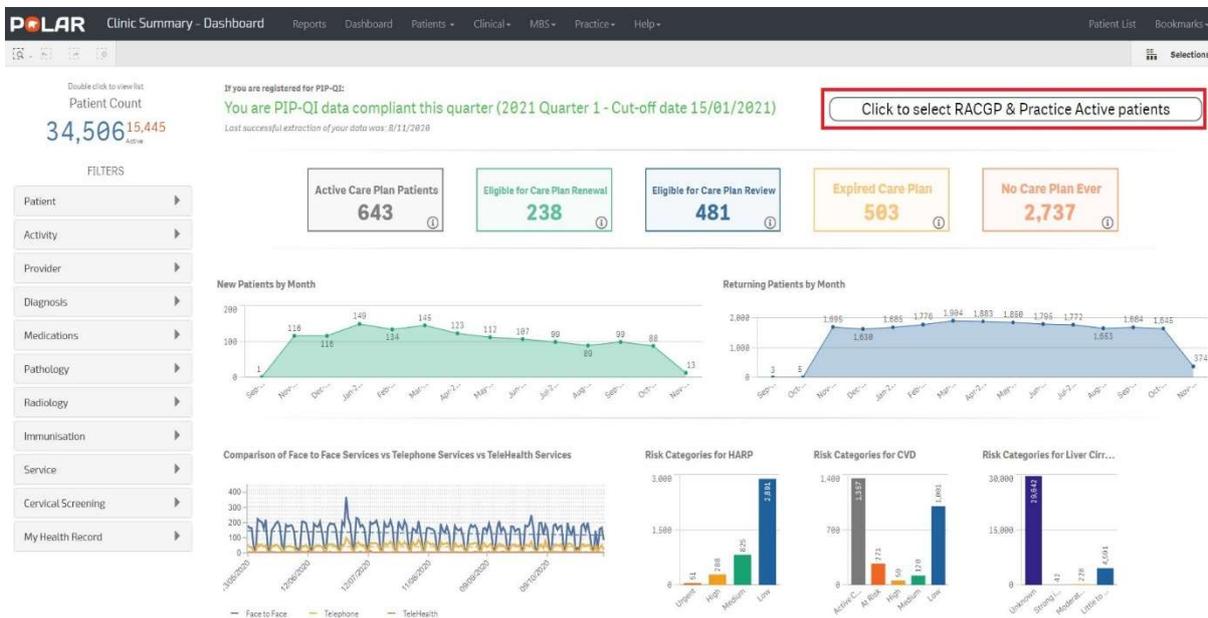# POLAR Walkthrough – Practice Demographic
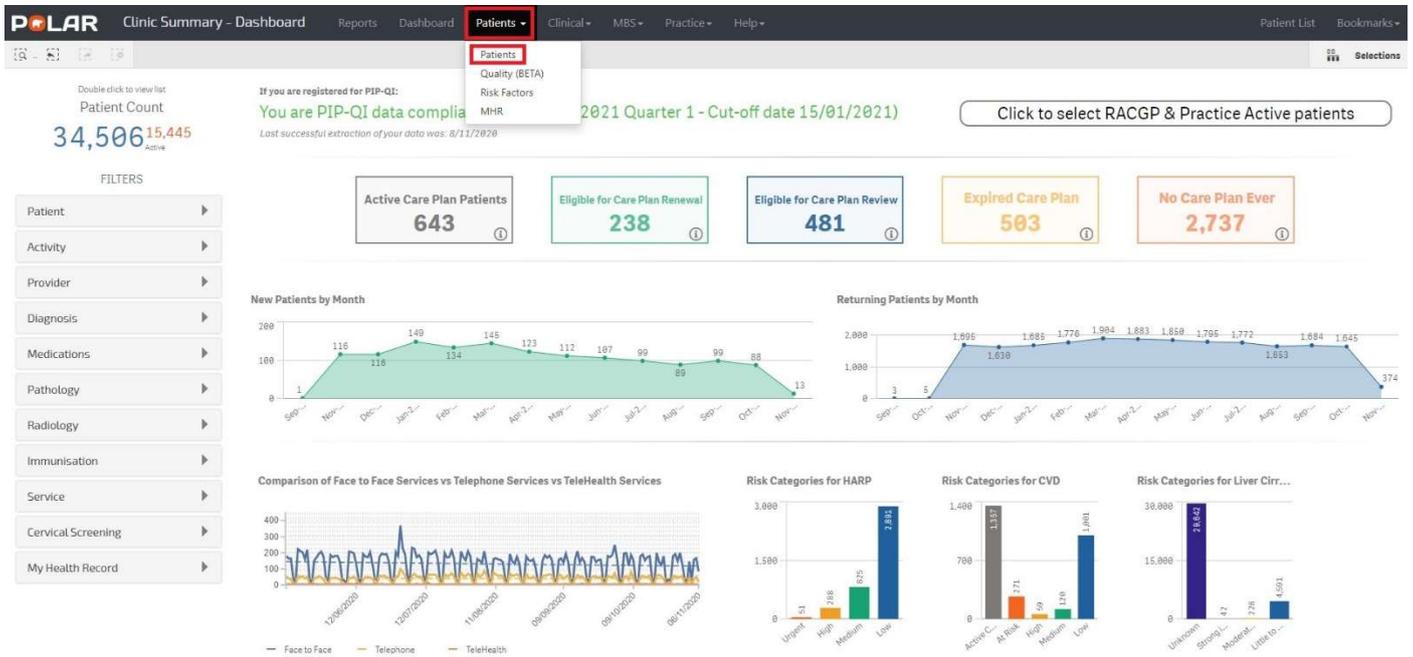
1. Log in to POLAR > Click **Reports** > Click **Clinic Summary Report**

2. **Optional**: Click to select **RACGP & Practice Active patients** (patient list will only include your patients who visit your practice at least 3 times in 2 years and their record is active in your practice clinical software)

3. Click **Patients** > Click **Patients** from the drop-down box

4. View the practice demographic