



Australian Government

Department of Health

Risk Factor Assessment of the Patient

Note: A chronic medical condition is one that has been, or is likely to be, present for 6 months or longer.

Asthma

RISK FACTORS	ACTION

Cancer

RISK FACTORS	ACTION

Cardiovascular illness

RISK FACTORS	ACTION

Diabetes mellitus

RISK FACTORS	ACTION

Mental health conditions (depression and self harm risk)

RISK FACTORS	ACTION

Arthritis

RISK FACTORS	ACTION



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Musculoskeletal conditions (including osteoporosis)

RISK FACTORS	ACTION

Other

RISK FACTORS	ACTION

Lifestyle Risk Factors

Smoking

RISK FACTORS	ACTION

Nutrition

RISK FACTORS	ACTION

Alcohol and other substance misuse

RISK FACTORS	ACTION

Physical inactivity

RISK FACTORS	ACTION

Moods

RISK FACTORS	ACTION



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Biomedical Risk Factors

Blood pressure

Blood Pressure: Pulse Rate and Rhythm: Normal Abnormal

RISK FACTORS	ACTION

Body weight

Waist circumference (if indicated):

Weight: Height: BMI:

RISK FACTORS	ACTION

High cholesterol

RISK FACTORS	ACTION

Impaired glucose metabolism

RISK FACTORS	ACTION

Urinalysis

RISK FACTORS	ACTION

Other examinations considered necessary by GP

RISK FACTORS	ACTION

