



# Family Connect and Support



Free and voluntary  
for children and  
families



Build on your  
strengths to make  
positive change



Right supports  
at the right time

## Family Connect and Support helps children, young people and families in NSW with:

- parenting challenges
- financial stress
- substance use
- family breakdown
- housing issues
- mental health
- domestic and family violence
- and more.

Through an initial consultation, we get to know you and your individual circumstances.

Understanding your needs, and building on your strengths, we identify the support your family needs to make positive change in your lives.

We'll give you information and advice and help you connect to the services in your area so you don't have to retell your story.

We stay connected with you until you're matched with the right services or support.

**We welcome families from all cultures and backgrounds, lands and communities.**

### Contact us to find out more

1300 244 826

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