



Multidisciplinary Program

Managing Bipolar Disorder

Audience:

Counsellors; GP Registrars; GPs; Psychologists; Social Workers

Duration:

6-hours face to face, plus morning tea, lunch and afternoon tea



Topics Covered

Topic 1 – Assessment & Diagnosis

Topic 2 – Pharmacological Management

Topic 3 – Recovery & Wellness

Topic 4 – Diagnostic Dilemmas

The diagnosis and management of bipolar disorder presents many challenges to primary care clinicians. Our six hour highly interactive program explores the key issues and difficulties in the detection and treatment of bipolar disorder, equipping the clinician with the knowledge and skills required to deliver an integrated pharmacological and psychological approach best suited to the needs of people living with bipolar disorder.

Learning Outcomes

- Identify the key features of bipolar disorder
- Assess patients presenting with depression for possible underlying bipolar disorder
- Undertake a risk assessment for patients with bipolar disorder
- List common co-morbid conditions that accompany bipolar disorder
- Outline the pharmacological management of bipolar disorder
- Delineate the role of psycho-education and psychological strategies in achieving and maintaining well-being in patients with bipolar disorder

Accreditation

- RACGP: 40 QI&CPD Category 1 (GPs)
- ACRRM: 30 PRPD (GPs)
- GPMHSC: FPS CPD (GPs)
- 6 hours CPD (Psychologists)
- Endorsed by Aust. Association of Social Workers (Social Workers)

When:

Sunday 3rd May 2020
9:00am - 5:00pm

Where:

Campbelltown Catholic Club, 20/22 Camden Rd
Campbelltown NSW 2560

Cost: FREE

Kindly funded by the South Western Sydney PHN

Contact Details:

Register **online** or at
education@blackdog.org.au



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Institute