



Dementia is NOT a normal part of ageing

Community Event @ Wollondilly

10am - 12pm, Friday, 20 March 2020

Did you know dementia is the leading cause of death for women and the second most common cause of death among all Australians¹?

Too many of us consider being forgetful as part of ageing! Dementia is NOT a normal part of ageing and we should not be afraid to ask those tricky questions and talk about it.

Let's create a world where we can talk and support those with dementia!

Join us for a FREE tea, discussion and information session and let's get talking!

EVENTS DETAILS

TIME & DATE: **10am-12pm, Friday, 20 March 2020**

LOCATION: **Wollondilly Library (The View Room), 42 Menangle St, Picton**

Topics covered will include:

- **Dementia** - what it is, how it can affect future decision-making and prevention
- **Advance Care Planning** – what it is and why it's important for people with dementia
- **Palliative care** – why it is for people with dementia too and not only about dying or cancer
- What I should know about organ and tissue donation decision-making

REGISTER >

Join a respectful conversation. Have your questions answered and find out more information.

Everyone is welcome. Please register to attend.

For more information

Contact Vitor Rocha at vitor.rocha@swsphn.com.au or call 02 4632 3000

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WOLLONDILLY COUNCIL