



# Dementia is NOT a normal part of ageing

**Community Event @ Camden**

**10am - 12pm, Thursday, 12 March 2020**

**Did you know dementia is the leading cause of death for women and the second most common cause of death among all Australians<sup>1</sup>?**

**Too many of us consider being forgetful as part of ageing!** Dementia is NOT a normal part of ageing and we should not be afraid to ask those tricky questions and talk about it.

Let's create a world where we can talk and support those with dementia!

**Join us for a FREE tea, discussion and information session and let's get talking!**

## EVENTS DETAILS

TIME & DATE: **10am-12pm, Thursday 12 March 2020**

LOCATION: **Camden Civic Centre (Ferguson Gallery), Cnr Oxley & Mitchell Street, Camden**

### Topics covered will include:

- **Dementia** - what it is, how it can affect future decision-making and prevention
- **Advance Care Planning** – what it is and why it's important for people with dementia
- **Palliative care** – why it is for people with dementia too and not only about dying or cancer
- What I should know about organ and tissue donation decision-making

**REGISTER >**

**Join a respectful conversation. Have your questions answered and find out more information.**

Everyone is welcome. Please register to attend.

### For more information

Contact Vitor Rocha at [vitor.rocha@swsphn.com.au](mailto:vitor.rocha@swsphn.com.au) or call 02 4632 3000

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<sup>1</sup>Sources: Australian Bureau of Statistics, 2017