



# DRUG and ALCOHOL FIRST AID

Upon completion, participants will be better equipped to:

- ▶ Recognise problematic drug and alcohol use
- ▶ Describe the impacts of problematic drug and alcohol use
- ▶ Support people who have drug and alcohol problems

Evaluation by the National Centre for Education and Training on Addiction (NCETA) found that after attending the Drug and Alcohol First Aid Workshop, participants had significantly improved their:

- ▶ Knowledge of drugs and alcohol
- ▶ Ability to respond to someone who uses drugs and/or alcohol.

## South Western Sydney PHN

Drug and Alcohol First Aid Online Workshops

Friday 14 May, Friday 21 May 2021

Online from 9.00am - 2:00pm

Workshop is FREE.

*Please note that participant places within these workshops are in high demand. If you cannot attend, please provide 24 hours notice, otherwise you may be charged a portion of the attendance fee.*

Do you have regular contact with people who are affected by problematic alcohol and drug use? This free one day online workshop will give you the knowledge and skills to recognise and respond to alcohol and drug issues. Find out about emerging drugs and their impacts.

### Who should attend?

This workshop is suitable for people working (or volunteering) for primary health practices, community services sector, including Corrections, mental health, homelessness, or people who are new to the AOD sector.

### About the facilitators

Lives Lived Well clinicians have developed the first Drug and Alcohol First Aid (DAFA) Workshop content have delivered several workshops since the project's inception in NSW.

Facilitators are extensively qualified and experienced Mental Health and Alcohol and other Drugs treatment clinicians employed by Lives Lived Well, who are subject matter experts ready to share their knowledge and expertise with you.

"The workshop was very informative. It gave me an excellent overview of drug and alcohol misuse. This will help me better support clients who are dealing with these problems."

- Workshop participant

**Click here to register!**

For more information, please contact: [dafa@liveslivedwell.org.au](mailto:dafa@liveslivedwell.org.au)

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